# Benetta E. Johnson, Ph.D., HSPP

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Indiana Registered Domestic Mediator: 9000015-72

	<u>EDUCATION</u>
July 2008	Ph.D., Indiana University, Bloomington, IN
	Major in Counseling Psychology with a minor in Business
	Dissertation-Triumph Over Troubled Waters: Moving Beyond Survival as a State of
	Existence for Black Women in Predominantly White Academe
May 2002	M.Ed., University of Georgia, Athens, GA
	Major in Guidance and Counseling with an emphasis in Community Counseling
May 2000	BA Honors, University of Missouri-Columbia, Columbia, MO
•	Major in Psychology with a minor Human Development and Family Studies

# PRE-DOCTORAL INTERNSHIP

Aug 2006-August 2007 Howard University Counseling Service (HUCS)

<u>Primary Training Site-University Counseling Service</u>: Conducted intake sessions and individual therapy, co-facilitated a women's self esteem-self confidence counseling group, provided psychological evaluations, clinical interviews, and campus outreach programming. Co-facilitated a doctoral level counseling skills lab course, supervised a second year Clinical Psychology Doctoral Student. Obtained supervision and attended seminars which incorporated a psychoanalytic/psychodynamic approach.

<u>Major Rotation-District of Columbia Superior Court, Child Guidance Clinic</u>: Administered, wrote, and conceptualized assessments for psycho-educational, psychological, psychosexual, and court competency evaluations of adjudicated youth as well as parent capacity evaluations.

<u>Minor Rotation-Howard University Hospital Psychiatric Ward</u>: Participated in Grand Rounds with the entire psychiatric team, co-facilitated a Yalom-based psychotherapy group.

<u>Minor Rotation-Friends of Carter G. Barren Summer Youth Program</u>: Served as an Assistant Instructor for a 6-week Life Skills course for current and in-coming High School Students.

#### PROFESSIONAL EXPERIENCE

March 2010-Current Owner, Counseling Psychologist, Hope Haven Psychological Resource, LLC

- Clinical Supervision for Easter Seal Crossroads, Unified Solutions, Trinity Counseling and Consulting, Youth Outlook Residential Group Home
- Psychotherapy (Individual, Couples, Family and Group)
- Child Hearsay Evaluation
- Program Development and Workshops
- Parenting Coordination
- Psychological Assessment and Evaluation
- Domestic Mediation
- Social Security Disability Review

May 2010-Sept 2013 **Staff Psychologist**, Julian Center Counseling Center May 2009-May 2010 **Postdoctoral Fellow**, Julian Center Counseling Center

- Conducted Basic Intake Assessments
- Provided Individual and Mother-Daughter therapy focused on abuse and trauma utilizing a psychodynamic approach with women and female adolescents
- Facilitated Psycho-Educational Domestic Violence Groups
- Provided community presentations and lectures regarding Domestic Violence
- Provided domestic violence consultation to out of agency case manager and Masters-Level therapist

October 2008-September 2010 Contract Therapist, Innovative Interventions, LLC.

- Conducted home based individual and family therapy
- Completed Intake Assessments and Insurance Claims
- Clientele consisted mostly of Medicaid paid patient population

#### March 2009-March 2010 Psychological Evaluator, Midwest Psychological Services, Inc

 Individual Contractor, Conducted Mental Health Psychological Assessments, Psycho-Educational Evaluations and Child Hearsay Evaluations

# February 2009-February 2010 Family Preservation Therapist, John P. Craine House, Inc.

- Grant Position, Facilitated Parenting Psycho-educational, Self Esteem/Self Exploration and Anger Management Groups
- Provide individual, family, child, couples, group, and transitional planning counseling
- Conduct basic intake assessments and individualized case management

# Sept 2007-October 2008 Clinician I, Midtown Community Mental Health, Child & Adolescent

- Conduct individual and family therapy
- Complete Biopsychosocial Clinical Interviews, Child and Adolescent Needs Assessments, Health
   Alliance Plan (HAP) Registrations, as well as Parenting Assessments and Child Mental Health
   Screenings referred from the Department of Child Services
- Diagnose and develop comprehensive treatment plans
- Correspond with insurance claims departments and primary care providers
- Work closely with community mental health personnel and social service providers
- Served as the sole Marion County access point for the Community Alternatives to Psychiatric Residential Treatment Facilities Demonstration Grant (CA-PRTF).

# March 2006 Site Visitor, Center for Evaluation and Education Policy (CEEP)

- Interviewed School Administrators and Teachers
- Observed classroom instruction and procedures
- Constructed written reports based on interviews and observations

### July-Aug 2004 Student Transporter, Walden University-Indiana University Affiliate

- Assisted students with physical challenges
- Transported students across campus
- Operated a manual and electronic wheelchair platform

#### June-July 2004 **Diversity Orientation Facilitator,** IU Unplugged

May-Aug 2004 **Expert Rater**, "The Impact of Training in Holistic Identity Conceptualization on the Clinical Judgment of Counselors-In-Training." (Dissertation)

Rated respondents answer choices

Assisted with revision of manual

#### Aug 2003-July 2006 Graduate Assistant-GROUPS Student Support Services Program

- Instructed Education Course
- Editor, Bi-Annual newsletter, *Aspirations*
- Managed summer program roster
- Conducted workshops

- Provided tutorial services
- Served as a psychological consultant for
- incoming students
- Assisted with revising federal grant proposal

#### May 2003-Jan 2005 **Group Facilitator,** Positive Approaches through Helpful Support (P.A.T.H.S.)

- Facilitated group discussions for autoimmune deficiency support group
- Coordinated group meeting logistics (times, dates, and locations)

Assistant Director, Undergraduate Summer Research Opportunity Program May 2003-Aug 2003 Coordinated selection process Oversaw student conferences Developed and lead workshops Faculty-Program liaison Performed basic clerical duties Supervised student researchers Co-hired graduate assistants Supervised graduate assistants Behavior Specialist, Spofford Home for Children, Kansas City, Missouri June 2002-Aug 2002 Distributed medication Observed and supervised residents Documented residential activity Trained in Mandt, CPR, First Aid Aug 2001-May 2002 Graduate Assistant, Gaining Insight into Relationships for Lifelong Success Served as liaison between research program Gathered consent and releases of information and area school's Co-coordinated the purchase and delivery of Collected post data supplies Organized and entered data May 2000-Aug 2000 Program Assistant, Boone County Juvenile Detention Center, Columbia, MO Supervised residents Answered four line telephone Facilitated educational/recreational activities Performed admissions/intake procedures Jan 1999-Aug 2000 Administrative Staff Assistant, Psychological Services, Columbia, Missouri Interacted with clients seeking psychological Assisted in billing, purchase orders, & booking services Trained incoming staff assistants Performed basic clerical duties Administered intake materials Corresponded with insurance claims managers Psychology Peer Advisor, University of Missouri Psychology Advising Center Jan-May 1999 Assisted students in academic planning Helped psychology majors register for courses Chemical Dependency Technician, North Star Recovery (PRN, summer May 1999-May 2000 months, intermittently through year), Kansas City, Missouri Distributed medication Monitored adult residents Documented residential activity Obtained vitals Facilitated groups Administered drug test May-Aug 1999 Mental Health Technician, Kaw Valley-Maxum Health Care, Kansas City, MO Supervised children and adolescents Guided group sessions Participated in recreational activities Charted behavior PROFESSIONAL TRAINING July/Aug 2013 30 Hour American Association of Marriage and Family Therapy (MFT) Approved- MFT Fundamentals of Supervision Course

# September 2012 **40 Hour Forensic Interviewer Training** The National Children's Advocacy Center, Huntsville, Alabama September 2011 **40 Hour Domestic Mediators Training** Midwest Medication Training Center, Fort Wayne, Indiana August 2011 24 Hour Parenting Coordination Training Cooperative Parenting Institute, Chicago, Illinois

### **CLINICAL TRAINING**

May-August 2005

#### **Indiana Women's Prison**

Indianapolis, Indiana

Provided individual psychotherapy to women housed within the Youthful Offenders Unit, ages 15 to 22. Served as a co-facilitator for a cognitive therapy-thought restructuring group. Developed and individually lead a music themed-popular culture decision-making group which focused on the use of music and popular culture to process topics such as decision making, life review, and future planning. Conducted psychological evaluations. Co-developed a 2-hour workshop on stress management and self esteem for pre-released, transitioning, female offenders.

January 2005- July 2005

### **Supervision Practicum**

Bloomington, Indiana

Conducting weekly individual supervision with community and school counseling Masters level students. Assisted supervisees in developing their clinical skills, providing in-depth quarterly evaluations regarding the supervisee's strengths and areas of growth. Reviewed clinical materials such as notes, treatment plans, therapeutic activities (i.e., drawings, self reports survey, etc.), and session tapes. Provided supervisees with relevant readings and clinical materials.

January 2004- August 2005

# Black Women's Support Circle and Personal Growth Group

Bloomington/Indianapolis, Indiana

Spearheaded the establishment of three personal growth groups housed at the University Black Culture Center and a private practice setting in Indianapolis, Indiana. Solely constructed and developed the group format and screening procedure, utilizing an integrated theoretical approach. Advertised for group members, corresponded with campus officials, recruited co-facilitators, completed intake procedures, facilitated and co-facilitated group discussions and exit interviews.

January-June 2004

### **Bloomington Hospital**

Bloomington, Indiana

Conducted individual brief counseling with inpatient clients on the Stress Care, Medical Psychiatric, and Crisis Care Psychiatric Units. Co-facilitated an open-member Yalom based Process Group and a Self-Awareness Experiential Group. Worked within a treatment team and trained a doctoral level practicum student. Completed bio-psycho-social intakes and facilitated discharge planning.

Sept 2002-Aug 2003

#### **Center for Human Growth**

Bloomington, Indiana

Facilitated individual and couples therapy with campus and Bloomington community clients ranging from ages from 17 to 65. Conducted weekly intakes including an in-depth clinical interview and administration of self-report measures. Worked with several couples with varying demographic characteristics. Participated in numerous outreach programs for the university and local community.

May 2001- May 2002

Juvenile Counseling and Assessment Program (JCAP)/Gaining Insight into Relationships for Lifelong Success (G.I.R.L.S.)

Athens, Georgia

Counseled male and female juvenile offenders within detention centers, probation offices, juvenile courts, and schools. Consulted with probation officers, teachers, and school administrators. Administrated and scored self report and structured diagnostic inventories. Facilitated same-sex groups for male and female youth.

#### TEACHING EXPERIENCE

Adjunct Faculty, Multicultural Education and Global Awareness (E201), Sept 2008-Dec 2008 Indiana University Purdue University Indianapolis (IUPUI)

- Developed lesson plan and syllabi
- Provided lectures and facilitated discussion
- Administered feedback and grade evaluations

July-Aug 2004 **Graduate Assistant,** Walden University-Indiana University Affiliate

- Assisted master's and doctoral level students in learning intelligence and achievement tests
- Evaluated students on test administration

Aug 2002-May 2003 Associate Instructor, Communication in the Classroom (G203), Indiana Univ

- Developed lesson plan and syllabi
- Administered grade evaluations
- Provided lectures and facilitated discussion
- Created a course reader
- Corresponded with community schools

June-July 2002 **Teacher's Aide, State of Missouri School for the Severely Handicapped** 

- Developed lesson plans
- Assisted in physical therapy exercises
- Conducted tube feeding

- Repositioned and lifted students
- Assisted students in hygiene (e.g. changing)
- Aug 2000-May 2002 Educational Program Specialist, Educational Opportunity Center, TRIO
- Generated curriculums for adult literacy
- Revised and tailored a basic computer literacy program
- Instructed individual and group G.E.D. classes
- Taught basic computer literacy course
- Trained tutorial personnel

May 1999-May 2000 **Substitute Teacher**, Grades K-12 (summer months, intermittently through year), Kansas City Missouri School District

- Assisted with assignment completion
- Created lesson plans

#### **PUBLICATIONS**

- Delgado-Romero, E. A., Barfield, J., Fairley, B., & Martinez, R. (2005). Using the multicultural guidelines in individual and group counseling situations. In M. Constantine & D. W. Sue (Eds.), Strategies for building cultural competence in mental health and educational settings (pp. 39-55). Hoboken, New Jersey: John Wiley & Sons.
- Fairley, B.E. & Delgado-Romero, E.A. (2007). Over-commitment as a way of life for faculty and graduate students of color: A systemic (and personal) issue. In M. Howard-Hamilton, & O. G. Brown (Eds.). Unleashing Suppressed Voices on College Campuses: Diversity Issues in Higher Education and Student Affairs.

#### SELECTED PRESENTATIONS and COMMUNITY ENDEAVORS

- 2012 Psychological Residue to Domestic Violence: Understanding the Effects and Strongholds of Domestic Violence, presented at the Not to Believers Like Us, Annual Conference Agenda, October 10, 2012, Indianapolis, Indiana
- 2011 The Julian Center: A Multidisciplinary-Multiservice Partnering Approach to Domestic Violence Programming, presented at the AFCC Regional Training Conference, October 28, Indianapolis, Indiana

2010	Domestic Violence and the Effects on Children, presented at the Region 14 Child Abuse and Neglect Forum, April 20, Columbus, Indiana	
2010	Teen Tips for Healthy Dating, presented at Atterbury Job Corp, Edinburg, Indiana	
2010	Mental Health and Life Perspectives, presented at the National Women and Girls HIV/AIDS Awareness Day, March 10, Indianapolis, Indiana	
2010	Indiana Association of Black Psychologist-Information Table, sponsored through Alpha Kappa Alpha-Alpha Mu Omega Chapter, SMART Fair, April 10, Indianapolis, Indiana	
2009	Domestic Violence, the Silent Truth, presented at AME Church, Indianapolis, Indiana	
2009	Teen Tips for Healthy Dating, presented in collaboration with the Indianapolis Urban League, Indianapolis, Indiana	
2009	Understanding Domestic Violence, presented as a course discussion at Marion University, Maternity Nursing, NUB 330, November 23, Indianapolis, Indiana	
2006	A Critical Qualitative Study of a Psychotherapeutic Approach to Racism, workshop presented at the Conference on Interdisciplinary Qualitative Studies, January 6-8, Athens, GA.	
2005	Racism in Education: A multicultural counseling approach to group therapy involving Black female university students, workshop presented at the Teachers College Winter Roundtable, February 18-19, New York, New York.	
2005	A Tale of Prejudices and Stereotypes, workshop presented at the Teachers College Winter Roundtable, February 18-19, New York, New York.	
2004	Fusing Hope Theory and Cancer Survival: A Theoretical Perspective on Addressing the Needs of Low-Income African American Women with Breast Cancer, poster presented at the American Psychological Association, Black Graduate Students Conference, July 8-9, University of Michigan.	
2012-Current	TRAINING PRESENTATIONS  Domestic Violence and the Clinical Setting University of Indianapolis The Counseling Center for Growth and Development Annual Seminar Presentation	
2010-Current	The Psychological Impacts of Domestic Violence Marian University-School of Nursing Bi-Annual Course Presentation	

# PROFESSIONAL MEMBERSHIP

American Psychological Association Indiana Society for Psychoanalytic Thought
Association of Black Psychologist American Association of Social Security
National and Local Chapters Disability Consultants

# AWARDS AND HONORS

2006 Achasa Beechler Dissertation Award	1996-2000	Dean's List
2006 MESA Dissertation Grant	1996	Psi Chi
2004 IU Student Leadership Award	1996	Phi Eta Sigma
2001 Regent's Out of State Tuition Waiver	1996-1999	MAP Scholar-Academic
1998 Golden Key National Honors Society	1996-2000	McNair Scholar

# **LEADERSHIP**

Jan 2011-Current	Vice President, Indiana Association of Black Psychologists (IABPsi)
July 2005-July 2006	Executive Board Member, Black Scholars Collective (BSC)
July 2003-July 2004	President, Multicultural Education Student Association (MESA)