

Victoria I. Thompson, M.S.
Professional Bio

Victoria earned her Master of Counseling and Counseling Education at Indiana University-Indianapolis. She extended her knowledge in counseling, therapy while attending Butler University for licensing in clinical therapy. She is currently a resident finishing her clinical therapy licensing requirements (LMHC). Victoria finds it important to work with individuals from a biopsychosocial and holistic approach, as it is vital to never deny a individual of their circumstances.

Victoria Thompson has 8 years of experience working in the school systems as an early childhood teacher of various backgrounds. She also has invested time with parent education, substance abuse addictions, domestic violence, homelessness and case management for families of department of child services.

Additionally, as a clinical intern, she has experience with working with young children conducting play therapy, exploring psychoanalytic approaches with adult clients and person-centered approaches of all ages and backgrounds. She also has the pleasure of conducting intakes to develop specific treatments that are equitable to the client and family needs. She enjoys assisting clients with overcoming their barriers that can significantly improve their emotional and physical wellbeing. Victoria is curious about past experiences as they relate to current problems and ways to explore change through curiosity and motivational techniques.