

EDUCATION

Master of Arts in Psychotherapy

Christian Theological Seminary, Indianapolis, Indiana

May - 2011

Bachelor of Arts in Business Administration

Marian University, Indianapolis Indiana

May - 2003

PROFESSIONAL EXPERIENCE

• *September 2012 – Present ~ Hope Haven Psychological Resource ~ Licensed Mental Health Counselor*

- Complete Biopsychosocial Clinical Interviews, Child and Adolescent Needs Assessments.
- Maintain client progress notes for review and continuity of care.
- Generate billing on clients as required by Medicaid, HIP, and Commercial insurance providers in a timely manner.
- Collaborate with client when creating treatment plans.
- Consult with supervisor regarding cases and or available resources.
- Participating in ongoing trauma education; domestic violence, substance abuse, and mood and personality disorders.
- Provide counseling services addressing grief, loss, and bereavement.
- Counsel families, couples, and individuals.
- Assist client with skill building for adults and teens.

• *November 2017 – Present ~ St. Vincent Stress Center ~ Licensed Behavioral Health Counselor*

- Conducts patient assessments and establishes therapy treatment goals.
- Administers individual and group therapy.
- Maintains thorough and confidential records of observations.
- Evaluates progress and effectiveness of therapy interventions.
- Provides patient with information regarding resources and therapeutic activities in the community.

April 2015 – Present ~ Volunteers of America – Supervised Visitation Coach

- Supervise and coach family visitation referred from the Department of Child Services.
- Maintain communication with Department of Child Services Case Managers regarding client/family progress and needs.
- Maintain client progress notes for review and continuity of care.
- Consult with supervisor regarding cases and or available resources.
- Construct written reports based on family behaviors and observations.

• *August 2011 – March 2013 ~The Julian Center - Crisis Call Manager*

- Conducted intake interviews, including risk assessment for new residents.
- Facilitated a psycho-educational group with emphasis on addictions, abuse, trauma, and the benefits of mental health treatment.
- Assisted in the de-escalation of conflicts.
- Assisted with administrative/clerical tasks.

- **January 2007 – May 2008 ~ CHOICES – Child Abuse Hotline Intake Specialist**
 - Logged information provided by caller alleging child abuse and neglect.
 - Assessed whether the information provided met statutory criteria for DCS to conduct an assessment.
 - Expedited the process for DCS by preparing comprehensive reports and disseminating those reports for review.

VOLUNTEERISM

- **January 2002 – June 2008 ~ Center of Hope Advocate (Wishard Health Services)**
 - Served for 6 years as an advocate for domestic violence and sexual assault victims.
 - Provided emotional support subsequent to assaults.

- **February 2001 – June 2004 ~ Guardian Ad Litem (CASA)**
 - Interviewed parents, family members, friends in direct contact with the child/children.
 - Interacted with child/children during one-on-one and intake sessions.
 - Prepared formal reports for court hearings.
 - Observed and supervised parents during visitations/parenting time.

TRAINING EXPERIENCE

| | | |
|------|--|------------------|
| 2013 | <i>Reactive Attachment Disorder Training</i> (Children’s Bureau Gene Glick Family Support Center) | Indianapolis, IN |
|------|--|------------------|

CERTIFICATES

| | |
|------|--|
| 2014 | <i>Assessing Families’ Needs and Strengths Introduction to FANS – Trauma</i> |
| 2014 | <i>Overview and Use of the CANS-Trauma: A Functional Assessment Strategy for use across Service Settings</i> |
| 2014 | <i>Empowering Families and Professionals in Cases of Child Physical Abuse: Introduction to the Speaker Series</i> |
| 2014 | <i>Assessment of Child Physical Abuse 2: Clinical and Forensic Perspective</i> |
| 2015 | <i>Culture and Trauma, Part I & II</i> |
| 2015 | <i>Pathways to Cultural Competence: Adaptation guidelines for Serving Latino Children and Families Affected by Trauma"</i> |