

Sebastian Del Corral Winder, M.A.

Professional Biography

Sebastian provides psychotherapy to children, adolescents, and families. He focuses on the therapeutic relationship as a way to help his patients overcome their life difficulties. In a safe and warm space, his patients learn to better cope with their emotions while learning about themselves. Sebastian is especially interested in working with people from diverse backgrounds and he pays special attention to how culture affects daily life. He provides services in Spanish as well as in English.

Sebastian's work experiences include services to people with developmental disabilities, children, adolescents, and college students experiencing psychological distress. In addition, he currently leads a free support group for Latina survivors of domestic violence.

Sebastian was born in Chile and he moved to Dallas, Texas, in 2012 with his family. Sebastian earned a Bachelor's degree in Psychology from the University of North Texas in 2015 and he received a Master's degree in Clinical Psychology from the University of Indianapolis in 2018. Currently, he is in his third year in the Doctoral program in Clinical Psychology at the University of Indianapolis. Sebastian continually receives clinical supervision from licensed psychologists and has been trained in humanistic and psychodynamic theories and he conducts nondirective play therapy for children.