

## Couples Report

*Adapted from B.E. Ferraro (2011) Parenting Report Form*

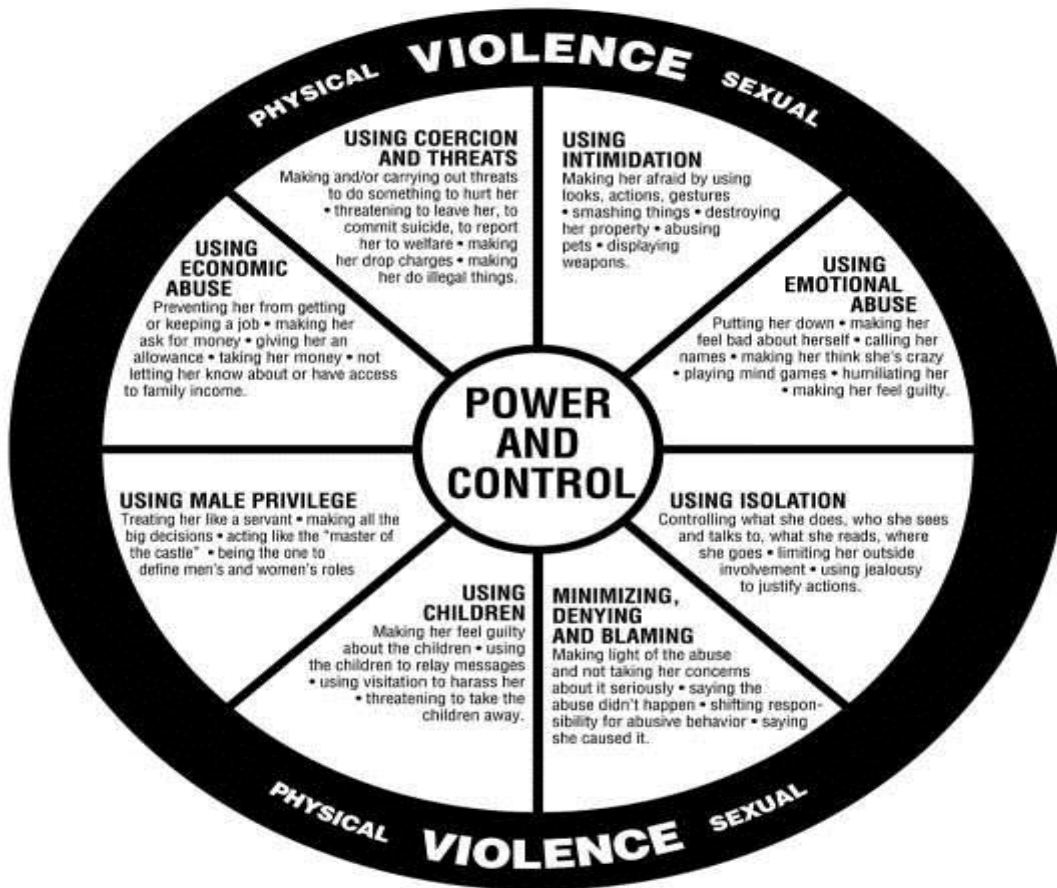
On No More than **5 typed pages (12 point, Times, Calibri, or Courier Font, 1 inch margins)**, please describe the following:

- a. **Personal Childhood:** When and Where were born/reared, with whom did you live growing up, who made up your family, adoptions, sibling role, significant losses, family relationships/interactions, socioeconomic status. Describe your relationship with childhood caregiver's and their relationship with each other (including conflict management, addictions, abuse, infidelity, displayed feelings towards each other, etc.), discipline methods, school and social adjustment, extracurricular activities, friendships, childhood/teen dating, illnesses, experienced abuse as a child/teen. Describe any health, academic, emotional, behavioral, or legal problems that you experienced as a youth.
- b. **Adulthood:** Describe your work history, age you left home, higher education/training, military service, use/abuse/treatment/arrest for drugs/alcohol, other forms of addictions or compulsive behaviors. Describe employment, medical, financial, legal history.
- c. **Mental Health:** Any history of therapy/psychiatric history (outpatient, inpatient, mental health medication) for self or family, known/assumed diagnosis, life events that influenced the decision for treatment.
- d. **Adult Intimate Relationships:** Previous engagements/marriages, premarital or extramarital pregnancies, abortions, miscarriages, major courtships (age, length, circumstances for meeting, sexual relationship, number of separations, simultaneous courtships, major relationship stressors/events), patterns you have notices within your relationships, your response to relationship problems.
- e. **Relationship with Current Partner:** Current feelings about and behavior towards partner. Communication, types of interaction, conflict/fighting/crisis and your response. Past events that keep coming up for you. Premarital or extramarital pregnancies, abortions, miscarriages, number of separations, infidelity, major relationship stressors/events, patterns you have notices within this relationship and your response to such patterns.

What initially attracted you to partner, what did you like, when did you begin to realize major relationship difficulties, what did you notice. What events lead to relationship break-down,

stressors (moves, losses, finances, addictions, family, etc.), intensity of conflict, violence/abuse (see Abuse Wheel below)?

- f. **Current Situation:** Who lives with you, intimate relationship status, work situation, finances, changes in life and adjustment, mood, sleeping arrangements, parent/sibling relationships, family activities/important events.
- g. Describe events of importance within your relationship that is related to your seeking couples/marital therapy.



**DOMESTIC ABUSE INTERVENTION PROJECT**

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