

Curriculum Vitae

# Sebastián Del Corral Winder

2145 S. Garfield Dr., Indianapolis, IN 46203

Phone: 214-901-0402 | Email: [delcorralwind@indy.edu](mailto:delcorralwind@indy.edu)

## Education

University of Indianapolis, Indianapolis, IN.  
School of Psychological Sciences (APA-Accredited)  
*Doctorate in Clinical Psychology.*

Anticipated graduation date: 08/2021

University of Indianapolis, Indianapolis, IN.  
School of Psychological Sciences (APA-Accredited)  
*Master of Arts in Clinical Psychology.*

Graduation date: 08/2018

University of North Texas, Denton, TX.  
College of Arts and Science (APA-Accredited)  
*Bachelor of Arts in Psychology.*

Graduation date: 12/2015

## Language Proficiency

Bilingual in Spanish and English

## Professional Memberships

American Psychological Association Student Affiliate  
Graduate Psychological Association

## Fellowships, Honors and Awards

- Alpha Chi Honor Society, University of North Texas, TX 2015
- Sigma Alpha Lambda Honor Society, University of North Texas, TX 2015
- Study Abroad Travel Grant, Summer in Beijing, University of North Texas, TX 2015
- International Education Fee Scholarship, Summer in Beijing, University of North Texas, TX 2015
- President's List Scholar, University of North Texas, TX 2014-2015
- International Dean's List Scholar, University of North Texas, TX 2014-2015
- Phi Theta Kappa Honor Society, Collin County Community College, TX 2013-2014
- Athlete of the year, Universidad Diego Portales, Chile 2012

## Clinical Practicum Experiences

### **Center for Psychological Development**

Private Practice

Muncie, IN

*Practicum Student*

07/2018 – Present

18 hrs./week

Primary Supervisor: *Natasha Anderson*, Ph.D. HSPP

Secondary Supervisor: *Caroline Curlin*, Ph.D. HSPP

- Providing individual psychotherapy to children ages 2 to 6 years old.

- Engaging in child-centered play therapy and filial therapy.
- Conducting intake sessions with new patients and their families.
- Participating in monthly didactic seminars with clinical staff and practicum students.
- Receiving one and a half hour weekly of individual supervision from a licensed clinical psychologist.
- Receiving 1 hour of group supervision monthly from a licensed clinical psychologist.

### **University of Indianapolis**

Health, Wellness, & Counseling Center

*Practicum Student*

20 hrs./week

Primary Supervisor: *Alicia Simle, Psy.D. HSPP & Kelly Miller, Psy.D. HSPP*

Secondary Supervisor: *Michael Jones, Psy.D. HSPP*

Indianapolis, IN

08/2017 – 07/2018

- Provided individual psychotherapy to undergraduate and graduate students at the Counseling Center of the University of Indianapolis.
- Co-led an interpersonal process group therapy to undergraduate students.
- Conducted intake evaluations with new clients and writing intake summary reports.
- Provided crisis intervention and triage/walk-in sessions for non-clients.
- Participated in weekly group didactic seminars with clinical staff and practicum students.
- Outreach programming to inform students about psychological problems and promote mental health.
- Received 2 hour of weekly individual supervision from a licensed clinical psychologist.

### **Related Clinical Experience**

#### **Hope Haven Psychological Resources**

*Bilingual Therapist*

Clinical Supervisor: *Benetta E. Johnson, Ph.D. HSPP*

Indianapolis, IN

08/2018 – Present

- Providing individual Spanish psychotherapy to high-risk youth in the school system.
- Providing family psychotherapy and engaging the family in treatment planning with the youth.
- Receiving 1 hour of weekly supervision from a licensed clinical psychologist.

#### **Latino Coalition Against Domestic Violence**

*Group Coordinator*

Indianapolis, IN

08/2017 – Present

- Co-facilitating support groups for Latino women survivors of domestic violence and sexual assault.
- Promoting support groups and engaging in community outreach.
- Evaluating and improving these support groups to better serve the Latino community.

#### **Valle Vista Health Systems**

*Mental Health Technician*

Greenwood, IN

03/2017 - 08/2017

- Provided a therapeutic environment for children and adolescents in an acute mental health facility.
- Provided support to therapists and psychiatrists by noting and reporting patients' behavioral changes.
- Ensured safe and appropriate programming in therapeutic groups for patients.
- Assisted in skills groups to promote better understanding and management of patients' emotions.
- Promoted healthy boundaries and coping skills while in treatment.

**Denton County Mental Health Mental Retardation Center**

*Intellectual and Developmental Disability Community Support Specialist*

Denton, TX

10/2014 - 07/2016

- Engaged people with mental disabilities in using community resources.
- Provided support with their daily life and social skills while in the community.
- Promoted healthy routines and experiences for the clients.
- Frontline in early detection of medical and psychiatric symptoms.

**Fernando Siles M.D., Child Psychiatrist**

*Medical Assistant*

Desoto, TX

01/2013 - 08/2014

- Evaluation and formulation of psychiatric treatment plans for patients in a foster care clinic.
- Responsible for documentation of patient hours and medication intake prior to consultation.
- Assistant in therapeutic and crisis intervention.

**Non-Clinical Experience**

**Club de Basketball Universidad de Chile**

*General Director*

Santiago, Chile

03/2010 - 12/2012

- Organized basketball events/clubs for high-risk youth.
- Developed plans for finding resources and funding.
- Actively responsible of the well-being of the players in the different divisions of the club.

**Paper and Poster Presentations**

**Del Corral Winder, S., Leshner, T. J., & Poulakis, M.** (2018, August). *Life After Domestic Violence: Support Groups for Latina Immigrant Survivors*. Poster to be presented at the 2018 APA Annual Convention in San Francisco, California.

Menediatou, A., Nakopoulos, N., **Del Corral Winder, S.,** & Poulakis, M. (2018, August). *Participant Satisfaction with Self Help Groups in Greece*. Poster to be presented at the 2018 APA Annual Convention in San Francisco, California.

Vergo, J. M., Poulakis, M., Leshner, T. J., Khondker, S., Benyasut, P., & **Del Corral Winder, S.** (2017). African American Student's Perceptions of Influential Factors for Attendance in Doctoral Psychology. *Journal of the Indiana Academy of the Social Sciences*, 20, 127-145.

**Del Corral Winder, S.,** Khondker, S., Leshner, T. J., Benyasut, P., & Poulakis, M. (2017, October). *Accent, Culture, and Police Interactions: A Literature Review*. Poster presented at the 17th Annual Diversity Challenge of Boston College: Race, Culture, and Criminal Justice Throughout the Lifespan, Massachusetts.

Benyasut, P., Khondker, S., Leshner, T. J., **Del Corral Winder, S.,** & Poulakis, M. (2017, October). *Capital Punishment for Individuals with Mental Illness in Thailand and the United States*. Poster presented at the 17th Annual Diversity Challenge of Boston College: Race, Culture, and Criminal Justice Throughout the Lifespan, Massachusetts.

**Del Corral Winder, S. & Poulakis, M. (2017, July).** *Hispanic Immigrants as Psychotherapists: The Effect of Accent in the Therapeutic Relationship.* Poster presented at the XXXVI Interamerican Congress of Psychology, Merida, Mexico.

### **Research Experience**

- University of Indianapolis School of Psychological Sciences  
Indianapolis, IN January, 2017 - Present

#### *Data Analysis Team Member*

Worked as part of a data analysis team using Consensual Qualitative Research Methodology (CQR) to analyze data for peers' doctoral dissertation.

- Study: *“The Effects of Fatalistic Attitudes on Self-Perceived Stress in Mexican Culture”*

Primary Investigators: Licci Jaimes, M.A. & Mixalis Poulakis, Psy.D. January, 2018

- Study: *“Effects of Cisnormative Beauty Standards on Transgender Women's Perceptions and Expressions of Beauty”*

Primary Investigators: Delmira Monteiro, M.A. & Mixalis Poulakis, Psy.D. October, 2017

- Study: *“Therapists Perspectives on LGBTQ Youth in Residential Treatment: Still Underserved and Invisible?”*

Primary Investigators: Betsy Shaw Elsasser, Psy.D. & Mixalis Poulakis, Psy.D. January, 2017

- Study: *“Experiences of Single Mothers of Children with Autism: A Qualitative Examination of Parenting Difficulties, Interpretations, and Support Needs”*

Primary Investigators: Emma Carter, Psy.D. & Mixalis Poulakis, Psy.D. January, 2017

- Latino Coalition Against Domestic Violence  
Indianapolis, IN 08/2017 - Present

#### *Research Assistant*

Collecting and analyzing data from the individuals who attend the different groups offered by the organization. Evaluating programs offered by the organization and provide advice in order to improve the expansion and reach of these programs.

- University of North Texas, College of Arts and Science  
Denton, TX January - October, 2015

#### *Research Assistant*

Assisted in the data collection for a peer's master thesis, translated and back-translated measures from English to Spanish, and maintained the survey using an online research website.

- Study investigating the differences in social support among different ethnicities.

Primary Investigators: Christian Goans, M.A., & John Ruiz, PhD.

### **Workshops Attended**

- Workshop title: *“Fostering Positive Mental Health Outcomes for Immigrant Youth in Schools and the Community”* 08/2018

Speakers: Charmain F. Jackman, Ph.D., Vanessa Prosper, Ph.D., & Soundhari Balaguru, Ph.D./ San Francisco, APA.

- Workshop title: “*Building a Successful, Ethically Responsible Independent Practice*” 08/2018  
Speakers: Lauren Behrman, Ph.D. & Jeffrey Zimmerman, Ph.D.
- Workshop title: “*Estrategias de Prevención para la Conducta Suicida en Adolescentes desde el Ámbito Familiar y Escolar*” (Prevention Strategies for Suicidal Behaviors in Adolescents from the Family and the School Perspective) 07/2017  
Speaker: Paulina Arenas-Landgrave, PhD. / Merida, Mexico
- Workshop title: “*La Ansiedad y sus Trastornos: ¿Cómo Abordarlos?*” (Anxiety Disorders: How to Approach Them?) 07/2017  
Speaker: Claudia Bregman, PhD./ Merida, Mexico
- Workshop title: “*Heartsaver CPR AED*” 09/2015  
Instructor: Emily Brazier/ Denton, Texas
- Workshop title: “*QPR – Suicide Prevention Training*” 09/2014  
Speaker: Pamela Flint, PhD. / Denton, Texas

#### **Assessment Training:**

- Training in the administration, scoring, and interpretation of:
  - Stanford-Binet Intelligence Scales (SB-5)
  - Wechsler Adult Intelligence Scale IV (WAIS-IV)
  - Wechsler Intelligence Scale for Children (WISC-V)
  - Personality Assessment Inventory (PAI)
  - Rorschach Performance Assessment System (R-PAS)
  - Thematic Apperception Test (TAT)
  - Sentence Completion Test
  - House-Tree-Person Drawing Test
  - Beck Anxiety Inventory (BAI)
  - Beck Depression Inventory (BDI-II)
  - Minnesota Multiphasic Personality Inventory (MMPI-II)
  - Millon Clinical Multiaxial Inventory (MCMI-III)

#### **Relevant Graduate Coursework**

- Foundational Skills for Psychotherapy
- Social and Cultural Bases of Behavior
- Fundamentals of Psychological Assessment
- Personality Assessment
- Cognitive/Intellectual Assessment
- Clinical Interviewing
- Child and Adolescent Assessment
- Child Psychopathology

#### **Professional References**

**Mixalis Poulakis, Psy.D.**  
*Assistant Professor of Clinical Psychology*

Dissertation Chair and  
Academic Advisor

School of Psychological Sciences  
University of Indianapolis  
Indianapolis, IN 46227  
Phone: 317-788-6141  
Email: [poulakism@uindy.edu](mailto:poulakism@uindy.edu)

**Kelly Miller, Psy.D., HSPP**  
*Director & Staff Psychologist*  
Health, Wellness, & Counseling Center  
Health Pavilion, Suite #109  
1643 East Hanna Avenue  
Indianapolis, IN 46227  
Phone: 317-788-5015  
Email: [kmiller@uindy.edu](mailto:kmiller@uindy.edu)

Clinical Supervisor

**Alicia Simle, Psy.D., HSPP**  
*Staff Psychologist & Group Coordinator*  
Health, Wellness, & Counseling Center  
Health Pavilion, Suite #109  
1643 East Hanna Avenue  
Indianapolis, IN 46227  
Phone: 317-788-5015  
Email: [simlea@uindy.edu](mailto:simlea@uindy.edu)

Clinical Supervisor

**Michael Jones, Psy.D. HSPP**  
*Staff Psychologist*  
Health, Wellness, & Counseling Center  
Health Pavilion, Suite #109  
1643 East Hanna Avenue  
Indianapolis, IN 46227  
Phone: 317-788-5015  
Email: [jonesms@uindy.edu](mailto:jonesms@uindy.edu)

Clinical Supervisor