

Charla M. Davis, M.S., Psy.D.

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EDUCATION

Adler University (APA Accredited)

Chicago, IL

Doctor of Psychology in Clinical Psychology

Attendance Dates: August 2009 to April 2015

Chatham University

Pittsburgh, PA

Master of Science in Counseling Psychology

Attendance Dates: August 2007 to May 2009

Edinboro University of Pennsylvania

Edinboro, PA

Bachelor of Liberal Arts in Developmental Psychology

Attendance Dates: August 2003 to December 2006

PROFESSIONAL EMPLOYMENT

Gateways Hospital and Mental Health Center

Forensic Clinician

Los Angeles, CA

01/2017-07/2017

Supervisor: Lilia Sheynman, Ph.D.

- Provide individual and group therapy to individuals placed at a residential facility
- Efficiently provide crisis intervention for assessing and de-escalating aggressive/assaultive behavior
- Document all services provided and have submitted within 24-hours of service delivery

Violence Intervention Prevention-Community Mental Health Center

Clinical Therapist-Crisis Specialist

Los Angeles, CA

06/2015-01/2017

Supervisor: Christopher Weintrob, Ph.D.

- Complete general mental health intake assessment with DCFS detainees between the ages of 12 and 21 years of age, who are in need of immediate housing stabilization
- Provided crisis intervention services in individual as well as group settings to help reduce further psychological distress to all individuals involved
- Complete and file all initial forms in order to register all mental assessment in order to assure follow up recommendation services are shared with the detainee's individual DCFS caseworkers

Peninsula Family Wellness Center
Psychological Assistant
San Pedro, CA

11/2014-08/2015

Supervisor: Josette Ciolino, PsyD

- Develop individual and family treatment plan goals
- Implement effective therapeutic interventions to help reduce the client identified difficulties
- Provide empowerment and future planning to client's to reduce impending symptomatology
- Collaborate weekly in group supervision to discuss cases, as well as receive feedback and support regarding case dispositions

The Association for Individual Development
Crisis Intervention Worker
Aurora, IL

03/2012-12/2012

Supervisor: Danielle Bridgemen, LCPC

- Conducted intake assessments for individuals ranging from age four and older, to assess risk level and treatment need for intensive inpatient hospitalization
- Responsible for the provision of mobile emergency crisis intervention services
- Assist in covering crisis line calls when not providing mobile crisis intervention services
- Worked with a team of service providers within the agency and throughout the social service community to insure that all needs of clients are met

MLS Consulting, Inc.
Mental Health Consultant
Chicago, IL

09/2011-12/2011

Supervisor: Mashana Smith, PhD

- Completed mental health classroom observation checklist assessments of CEDA Head Start programs
- Provided feedback to instructors regarding environment, adult and child interactions, curriculum, staff to staff interaction, documentation, and the facilitation of parent education
- Provided completed evaluation forms with specific recommendations and follow up to re-assess recommendations

Touching Families, Inc.
Family Coordinator
McKeesport, PA

01/2007-04/2009

Supervisor: Carlene Parkinson, CEO

- Administered Family Group Decision Making services to families who were dealing with social services in a non-traditional way in order to preserve the family unit

- Participated in bi-weekly home visits with families to address, discuss, and collaborate on the issues of the family, as well as to identify strengths of the family that could be used to increase the cohesiveness of the familial unit
- Planned meetings to invite extended family members for each family participating in the program in effort to give the core family the opportunity to make a plan to address the challenges of needing assistance, as well as gathered more of their familial supports as opposed to being mandated by the County of Allegheny County to address areas of deficit

Western Psychiatric Institute and Clinic
Milieu Therapist
Pittsburgh, PA

05/2005-08/2007

- Monitored patients behaviors throughout on the day on the milieu
- Participated in co-facilitation of group therapy with patients with a MH/MR diagnosis
- Completed behavioral analysis write ups on each patient per daily shift

CLINICAL TRAINING EXPERIENCE

Children's Institute, Inc. (**APA Accredited**)
Predoctoral Psychology Intern
Los Angeles, CA
Supervisor: George Bermudez, PhD

09/2013-08/2014

- Provided consultation to Head Start classrooms in urban settings and provided clinical services to a 0-5 year old population and their caregivers, which included in-classroom observation, assessment, consultation, parent and teacher consultation and documentation, and report writing
- Trained in an evidenced-based Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) approach to trauma and attended seminar and received clinical supervision in the application of TF-CBT with traumatized children
- Co-facilitated adolescent groups in a 20 to 24 week cycle, with the incorporation of combined parental group session in areas of trauma and sexual behaviors
- Participated in weekly didactic trainings that included but are not limited to child trauma, early childhood, and family systems
- Prepared treatment plans and progress notes for each case assigned, as well as organized treatment goals and facilitation of services according to the individual needs of client's and their families

The Genesis Therapy Center
Advanced Practicum Extern
Oak Forest, IL
Supervisor: Christine Yoo, PsyD

08/2012-06/2013

- Developed individualized treatment plans for clients

- Completed intake assessments with new clients to the agency
- Administered psychological assessments to address specific problematic issues experienced
- Completed individual and family therapy to address the treatment goals that have tailored to the needs of each client
- Participated in weekly individual and group supervision to conceptualize client cases, continually assessed progress toward treatment goals, and addressed the needs of the clients
- Facilitated support group for parents of children with a diagnosis of Asperger's Disorder

Will County Health Department-Child and Adolescent Services

Therapy Extern

Joliet, IL

08/2011-04/2012

Supervisor: Ja'Net Seward, PsyD

- Developed individualized treatment plans for children and adolescents ranging in age from six to 16 years of age
- Provided individual and family therapy with clients who were experiencing psychological distress in an outpatient, community mental health treatment facility
- Completed progress notes to track the advancement of treatment goals for clients
- Completed client centered consultation with supervisors and peers to foster a collaborative approach to address the needs of clients

Management Planning Institute/Diversified Behavioral Comprehensive Care

Diagnostic Extern

Chicago, IL

09/2010-07/2011

Supervisor: Mashana Smith, PhD

- Scheduled and conducted clinical interviews with children and adolescents who were being tested, as well as collected supportive data from their parents or guardians and community service providers
- Administered psychological evaluations to assess cognitive functioning, achievement functioning, behavioral rating scale, symptom checklists, and objective and projective tests of personality and provide feedback of test findings to parents, guardian, and supportive resources to whom this information would be valuable in further helping the identified client
- Interpreted psychological data from test results and composed fully integrative psychological report
- Provided recommendations and prognosis through comprehensive feedback consultations

Mon Yough Community Services

Master's level Clinical Internship

McKeesport, PA

08/2008-05/2009

Supervisor: Tracy Stone, LPC

- Facilitated biweekly group therapy sessions for adults with developmental disabilities and mental illnesses, such as relaxation through socialization groups, problem solving/coping skills, conversation groups, mental illness substance abuse, and anger management
- Conducted intakes, develop individual mental health assessments and treatment plans, and worked with a team of individuals weekly to complete clinical rounds in regards to the consumers
- Provided individual therapy disorders such as, but not limited to, schizophrenia, bipolar disorder, substance abuse, depression, borderline personality disorder, schizotypal personality disorder, pervasive developmental disorders, and mental retardation

The Children's Institute

Master's level Practicum

Pittsburgh, PA

05/2008-08/2008

Supervisor: Ruth Eckman, LPC

- Assisted with the cognitive-behavioral program, where eating patterns of children are assessed and treated
- Participated in weekly meetings regarding the current and incoming consumers, as well as discussed weekly progress of each consumer toward their respective treatment goal

DHS Office of Children, Youth, and Families

Undergraduate Internship

McKeesport, PA

05/2006-08/2006

Supervisor: Calvin Hornsby, MS

- Shadowed the administration of Family Group Decision Making services to families who were dealing with social services in a non-traditional way of administering services to preserve the family unit
- Participated in biweekly home visits with families to address, discuss, and collaborate to address the issues of the family, as well as to identify strengths of the family that could be used to increase the cohesiveness of the familial unit
- Planned meetings to invite extended family for each family participating in the program in effort to give the core family the opportunity to make a plan to address the challenges of needing assistance, as well as gathering more of their familial supports as opposed to being appointed what to do by the County of Allegheny County

TEACHING EXPERIENCE

Adjunct Professor

The Adler School of Professional Psychology

Courses Instructed: Individual Appraisal for Counselors, Lifespan Development, and Basic Skills

Chicago, IL

05/2011-07/2012

- Conducted either weekly, face to face or online, course meetings with master's level students to lecture on information that is outlined in the syllabus

- Examined the challenge of socially responsible assessment with diverse populations
- Facilitated online discussion to familiarize students with assessment instruments commonly used in counseling practice
- Reviewed current journal articles and book chapters that are relevant to class lecture and facilitate critical thinking discussions

Teaching Assistant

The Adler School of Professional Psychology

Courses Assisted: Assessment II and Integrative Assessment

Chicago, IL

01/2011-08/2011

Instructor: Steven Migalski, PsyD

- Reinforced basic lecture topics through leading lab class and continuing the facilitation of the course material
- Encouraged discussion and questions regarding personality assessment assignments provided by the instructor
- Stimulated interest, enthusiasm, and encouraged student initiative
- Evaluated students on a Rorschach proficiency exam, as well as graded papers and assignments as provided by the instructor

COMMUNITY SERVICE INVOLVEMENT

Mental Health America of Illinois

Volunteer Clinician

Chicago, IL

04/2010-04/2012

Supervisor: Ariel Mindel, LPC

- Educated youth about mental health and mental health problems
- Identified children and adolescents who are at risk for developing major depression, anxiety disorders, and/or substance abuse through a relatively quick, confidential and valid mental health screening (with active parental permission)
- Referred those who screened positive to a community mental health service provider for a more complete evaluation and clinical services, if warranted

Andersonville Behavioral Health

Mental Health Screener

Chicago, IL

05/2010-06/2010

Supervisor: Steven Migalski, Psy.D.

- Engaged in outreach to community residents to complete mental health screenings at the Conrad Sulzar Regional library
- Administered mental health screeners for Generalized Anxiety Disorder, Social Phobia, Agoraphobia, PTSD, Obsessive-Compulsive Disorder, Panic Disorder, Major Depression and Bipolar Disorder

- Provided feedback and community resources to the participants regarding depression and anxiety

Holy Angels Boys and Girls Club of Chicago

Community Service Practicum

Chicago, IL

01/2010-06/2010

Supervisor: Denysia Wolfe

- Planned family night activities for the members and their families in order to foster familial cohesiveness with the incorporation of monthly programming
- Compiled a monthly newsletter incorporating upcoming events, programming, and outreach opportunities at the Boys and Girls Club
- Created activities to solicit and incorporate alumni in an effort to encourage current members
- Participated in weekly group meetings with high school students to assist with college preparatory information as well as mentoring

RESEARCH EXPERIENCE

Doctoral Dissertation

- Title: The Relationship Between Parenting Stress, Perceived Social Support, and Global Self-Esteem
- Dissertation Chair: Vida Dyson, Ph.D.

PRESENTATIONS

- **C. M. Bolden**, H. M. Digby, V. Dyson, M. Link, K. D. Robinson, & C. Cox (November, 2011).
Limitation of Mental Health Resources in Low Socioeconomic Communities. Presentation at the annual convention of the Illinois Psychological Association Conference, Chicago, IL.
- **C. M. Bolden**, J. Jones, & D. Thompson (November, 2009). Goal Setting. Success is Not an Option...It's A Priority. Workshop presentation at the Young Women's Leadership Charter School, Chicago, IL.

PROFESSIONAL AFFILIATIONS

- American Psychological Association
 - Student Member 2014-PRESENT
- California Psychological Association

- Student Member 2014-PRESENT
- Psi Chi
 - Member 2009-PRESENT