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**EDUCATION:**

Butler University- Mental Health Clinician Program May 2018  
Indiana University-Indianapolis May 2017 Master of Science in School Counseling and Counseling Education  
Indiana State University May 2008 Bachelor of Science in Human Development Family Studies

**WORK EXPERIENCE:**

**Hope Haven Psychological Resource, LLC Winter 2018-Current, Indianapolis, IN**

- Establishing a therapeutic relationship and providing ongoing mental health treatment within scope of practice.
- Providing clinical therapy, not limited to crisis intervention, psychotherapy, psychoanalysis, cbt to adolescents, adults, children.
- Conducted play therapy for elementary aged clients, young adolescents using psychoanalysis, person centered therapy, additional clinical modalities.
- Diagnosing a variety of disorders including, not limited to adjustment disorder, ADHD, Oppositional Defiant Disorder, Depression, Bipolar Disorder, Anxiety Disorders, Substance Abuse, Borderline Personality Disorder, PTSD/Stress Disorders.
- Provide school-based therapy for elementary and middle school aged students.
- Utilizing evidence-based interventions/protocols including the use of individual, group, couple therapy, when evidence supports a modality for maximizing outcomes for a specific diagnosis/population.
- Completing initial assessments and individual treatment plans.
- Providing comprehensive and ongoing assessments.
- Updating treatment plans every 90 days, reviewing reports with supervising psychologist, client and family members.
- Collaborative care for medication management.

**DCS/Seeds of Life Home Base Case Worker, Visitation Provider/People Makers Indy Spring 2017-2021, Indianapolis, IN**

- Providing CANSA and ANSA assessment for parents and families.
- Weekly correspondence with DCS through emails, meetings, court attendance.
- Conducting home based services, visitation services for families.

- Strengthening parent's ability to provide emotional and physical needs, as well as safety needs.
- Developing goals and objectives through case plans and ANSA assessments for clients.
- Providing instruction about child development stages, current and future for parents.
- Giving parents an opportunity to demonstrate their willingness to complete their case plan related to sobriety, domestic violence, parenting, homelessness and safety.
- Providing respect for socio-cultural values, life style choices, complex family interactions of clients in a culturally competent manner.
- Core competency in trauma informed care, nurturing and parenting styles, LGBTQ and motivational interviewing.
- Collaborating with other professionals regarding clinical impressions, diagnosis and symptoms of clients.
- Providing client progress related to treatment plan to DCS team members.
- Supervising staff members on documentation, training of DCS standards.

**M.S.D. Pike Township New Augusta Public Academy, Fishback Creek Public Academy, Lincoln Middle School, Pike High School, School Counselor Intern** Fall 2016-Spring 2017, Indianapolis, IN

- Planning and assisting with school wide guidance lessons in the area of empathy, college readiness and bullying for elementary aged students.
- Conducting and co-facilitating small groups on topics including anger, social skills, time management, and self-control for elementary aged students.
- Providing surveys, flyers, personal invitations and emails to facilitate after school meetings for parents, principals, teachers, community members that advocates the needs of the school.
- Conducting individual counseling sessions for elementary and middle school students related to academic, personal/social and career development.
- Assisting school principals, Cummins Behavior Health, Teachers and parents with student crisis.
- Collaborating with Cummins Behavioral Health to service students with challenges or distractions to address frequent mental health problems and to maximize school performance.
- Assisting with advanced placement testing schedules.
- Communicate with parents and staff members about current events related to teacher appreciation week, classroom management strategies, family resources, and student concerns.
- Co-facilitating with local community members, students, teachers, parents, business representatives to create a comprehensive school counseling program through gold star initiatives.

**M.S.D. Lawrence Township Early Learning Center Brook Park, Preschool Year before Kindergarten Instructor,** Summer 2008-Spring 2016 , Indianapolis, IN

- Provide equitable services for students of all needs, developmentally aged appropriate lesson plans for general education students, students with individualized education plans, and behavior intervention plans.
- Collaborating with the multidisciplinary team (school psychologist, speech pathologist, occupational therapist, building administrator, parents) to deliver accommodations, service goals for students with individualized education plans, behavior intervention plans.
- Collecting data, performing essential instruction to support kindergarten readiness in seven developmental domains.
- Creating individualized education plans, classroom lesson plans, NAYEC portfolios (National Association for the Education of Young Children) for 4-5 year old preschool aged students.
- Updating instructional curriculum plans and goals for the school wide title1 planning team, revising title one assessments for staff, families and students.
- Providing creative project work and art studies for preschool aged student's interest.
- Conducting yearly parent teacher conferences and home visits.
- Attend weekly professional development meetings to enhance classroom instruction skills and knowledge.

**National Council on Educating Black Children, NCEBC Elementary Literacy Tutor at Brook Park Elementary, Fall 2012-Summer 2014, Indianapolis, IN**

- Deliver one on one instruction and facilitate small group literacy instruction and tutoring to low achieving elementary aged students 6-10 years old.
- Enhance comprehension and literacy skills, phonics, definitions and writing abilities to elementary aged students.
- Provide appropriate games and alternative instruction to keep the students interested in learning.
- Collect student progress data in the area of literacy.

**Indiana State University Child Care Center, Teachers Aid, Fall 2006-Spring 2008, Terre Haute, IN**

- Planning and assisting with lesson plans, activities for 3-5 year old preschool aged students.
- Monitoring and supervising the classroom.
- Communicate with parents and staff members about current events and student behaviors.

**West Vigo Little Vykes and Tykes Child Care Center, Intern, Fall 2007, Terre Haute, IN**

- Completed 60 hours observing, shadowing, working hands on with the director, head teacher, preschool aged students and planned lesson activities for 3-5 year old preschool aged students.
- Demonstrated leadership skills and professional skills for High School aged students working in the center.

**Big Brother Big Sisters, Intern, Fall 2007, Terre Haute, IN**

- Completed 60 hours of planning a program for clients on the placement waiting list, and placed matches.

- Performed clerical work such as answering the phone, filing paper, faxing, copying, emailing, using 2007 Microsoft Word and Publisher.
- Assisted in conducting home visits.

### **Volunteer Work**

Americorps

Ryves Hall

March of Dimes

Race for the Cure

Adopt a Family

Sickle Cell Anemia

Hurricane Katrina

Big Brother Big Sister

### **SPECIAL TRAINING**

Mental Health Associate License

Certified CPR training from American Heart Association

Certificate of Ethics and Corporate Social Responsibility Conference attendance

### **ACTIVITIES**

Alpha Kappa Alpha Sorority Incorporated