

Danita Johnson

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Professional Summary

A compassionate and dedicated clinician with extensive experience in mental health and education. Holding a B.S. in Early Childhood Development and an M.S. in Psychology from Purdue University, I bring over 15 years of experience in the educational field, including 7 years in special education services and 6 years focused on mental health therapy for individuals ages 5 through adulthood and skilled in providing evidence-based interventions and developing tailored treatment plans that promote resilience and well-being. She is committed to fostering a supportive environment that empowers clients to navigate challenges and achieve personal goals.

Education

Master of Science in Psychology

Purdue University
2018

Bachelor of Science in Early Childhood Development

Purdue University (Graduated Magna Cum Laude)
2016

Professional Experience

Clinician

Hope Haven Psychological Resource
09/2022 – Present

- Provide individual and family therapy to clients aged 5 to adulthood, utilizing evidence-based therapeutic approaches.
- Collaborate with caregivers to create tailored treatment plans for specific needs.
- Conducted assessments and developed strategies for managing a range of mental health challenges.

Clinician

Damar Services

09/2019 – 09/2022

- Provide individual and family therapy to clients aged 5 to adulthood, utilizing evidence-based therapeutic approaches.
- Collaborate with caregivers to create tailored treatment plans for specific needs.
- Conducted assessments and developed strategies for managing a range of mental health challenges.

School Counselor

Purdue Polytechnic High School Englewood

07/2019 – 01/2023

- Provide individual and group counseling to students with academic, social, emotional, and behavioral challenges.
- Conducted assessments and developed personalized plans to address students' academic and career goals and social and emotional needs.
- Collaborate with teachers, administrators, and parents to identify and support students needing intervention and referral to additional resources.
- Facilitate classroom lessons and workshops on study skills, conflict resolution, bullying prevention, and college and career readiness.
- Serve as a liaison between students, families, and community organizations to coordinate support services and resources.
- Implement school-wide initiatives to promote a positive school climate and foster a culture of inclusivity and respect.
- Participate in multidisciplinary team meetings to develop and monitor individualized education plans (IEPs) for students with special needs.

Director of Student Services-Special Education

Lighthouse Academies Charter School

01/2017 – 01/2019

- Lead a team of student support professionals, including counselors, advisors, special education teachers, and intervention specialists, in delivering comprehensive services to students with various diagnosed developmental and/or behavioral disabilities.
- Developed and implemented strategic plans, policies, and procedures to support a diverse student population's academic, social, and emotional needs.

- Developed individualized education plans (IEPs) and coordinated with multidisciplinary teams to ensure effective implementation.
- A supportive and inclusive classroom environment was fostered, promoting positive behavioral and academic outcomes.
- Ensure compliance with relevant federal and state regulations, including Title IX, ADA, and FERPA, and maintain accurate records and reporting systems.

Skills Development Specialist

Adult & Child Mental Health

07/2016 – 01/2018

- Collaborate with mental health professionals to assess the needs of adults and children receiving services and develop individualized skills development plans.
- Design and implement skill-building workshops and training sessions focused on emotional regulation, social skills, stress management, and coping strategies.
- Utilize evidence-based practices, including cognitive-behavioral techniques, mindfulness exercises, and psychoeducation, to facilitate skill acquisition and promote mental wellness.
- Provide individualized coaching and support to clients to reinforce learning and generalize skills to various settings, including home, school, and community environments.
- Collaborate with interdisciplinary team members, including therapists, case managers, and psychiatrists, to integrate skills development initiatives into clients' treatment plans.
- Evaluate the effectiveness of skills development programs through client feedback, observation, and outcome measures, and make recommendations for program enhancements.
- Develop partnerships with community organizations, schools, and other stakeholders to expand access to skills development resources and support services.

Skills

- Strong background in child and adolescent development
 - Expertise in special education and individualized support strategies
 - Proficient in various therapeutic modalities (e.g., CBT, play therapy, family therapy)
 - Excellent communication and interpersonal skills
 - Ability to work collaboratively with families, educators, and healthcare professionals
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Professional Affiliations

- National Association for the Education of Young Children (NAEYC)
 - National Society of Collegiate Scholars member (NSCS)
 - Educators Club member at Purdue University
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References

Available upon request.