

# **Charla M. Davis, M.S., Psy.D.**

125 N.Shortridge Road • Indianapolis, IN 46219-4908

Mobile: 317-683-0095 • E-Mail: cdavis@hopehpr.com

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## **EDUCATION**

### **Adler University (APA Accredited)**

#### **Chicago, IL**

Doctor of Psychology in Clinical Psychology

Attendance Dates: August 2009 to April 2015

### **Chatham University**

#### **Pittsburgh, PA**

Master of Science in Counseling Psychology

Attendance Dates: August 2007 to May 2009

### **Edinboro University of Pennsylvania**

#### **Edinboro, PA**

Bachelor of Liberal Arts in Developmental Psychology

Attendance Dates: August 2003 to December 2006

## **PROFESSIONAL EMPLOYMENT**

Indiana University Bloomington

08/2023-PRESENT

Visiting Clinical Assistant Professor

Courses Instructed: Introduction to Counseling Psychology; Communication for Youth Serving Professionals

Department Chair: Jessica Lester, Ph.D.

Program Director: Andres Pérez-Rojas, Ph.D.

- Conduct biweekly course meetings to lead lecture reference related to but not limited to suicide prevention, theoretical orientation, and psychoeducation related to psychological theories in relation to support and treatments
- Provide timely feedback for all assignments which are used to create promotion of growth of the academic material to practical professional contexts

Christian Theological School

Adjunct Faculty

01/2021-PRESENT

Courses Instructed: Foundations and Contextual Dimensions of Mental Health Counseling; Testing and Appraisal

Indianapolis, IN

Supervisor: Nicole Robertson, Ph.D.

- Conduct weekly course meetings to lead lecture reference related to but not limited to history of the development of mental health counseling, development of private practice, and encourage awareness and exploration of cultural and diverse populations

- Provide constructive feedback to student to encourage self-exploration in conjunction with the use of course materials to increase awareness of therapeutic needs of community

University of Indianapolis

Director of Clinical Training/Assistant Professor

08/2019-06/2023

Courses Instructed: Case Conceptualization and Treatment Planning, Foundation Skills of Psychotherapy, Practicum Seminar, Cognitive and Affective Bases of Behavior, Introduction to Psychology, Abnormal Psychology

Indianapolis, IN

Co-Program Directors: Katie Kivisto, Ph.D. and Nicole Taylor, Ph.D.

- Develop and maintain practicum site relationships
- Maintains information about the specific experiences a student may obtain at each site as well as track student practicum hours
- Conduct in person and virtual site visits for new or potentially problematic practicum sites, as well as engage via telephone as needed
- Meet with students preparing to enroll for their first graduate practicum as well as review the application, interviewing, and matching process of upper level practicum students
- Provide recommendations for remediation and monitoring as is relevant
- Conduct weekly in person or virtual courses

Hope Haven Psychological Resource, LLC

Post-Doctoral Fellowship

09/2017-09/2018

Doctoral Level Clinician

09/2018-PRESENT

Indianapolis, IN

Supervisor: Benetta Johnson, Ph.D.

- Conduct intake assessments to assess current level of functioning and develop individual treatment plan to address areas of concern
- Administer psychological testing, transcribe testing data into psychological report and present findings to referral source with recommendations to improve the quality for the individual being tested
- Engage individuals and families in developing treatment plans to decrease maladaptive functioning and increase the use of effective coping skills
- Provide individual supervision to master's level clinicians which included but is not limited to review of notes and treatment plan, as well as assistance with DSM V diagnoses
- Provide therapy services to underserved communities, with the use of grant funds specified for underserved individuals

Gateways Hospital and Mental Health Center

Forensic Clinician

01/2017-07/2017

Los Angeles, CA

Supervisor: Lilia Sheynman, Ph.D.

- Provide individual and group therapy to individuals placed at a residential facility
- Efficiently provide crisis intervention for assessing and de-escalating aggressive/assaultive behavior
- Document all services provided and submit within 24-hours of service delivery

Violence Intervention Prevention-Community Mental Health Center  
Clinical Therapist-Crisis Specialist  
Los Angeles, CA

06/2015-01/2017

Supervisor: Christopher Weintrob, Ph.D.

- Complete general mental health intake assessment with DCFS detainees between the ages of 12 and 21 years of age, who are in need of immediate housing stabilization
- Provided crisis intervention services in individual as well as group settings to help reduce further psychological distress to all individuals involved
- Complete and file all initial forms in order to register all mental assessment in order to assure follow up recommendation services are shared with the detainee's individual DCFS caseworkers

Peninsula Family Wellness Center  
Psychological Assistant  
San Pedro, CA

11/2014-08/2015

Supervisor: Josette Ciolino, Psy.D.

- Develop individual and family treatment plan goals
- Implement effective therapeutic interventions to help reduce the client identified difficulties
- Provide empowerment and future planning to clients to reduce impending symptomatology
- Collaborate weekly in group supervision to discuss cases, as well as receive feedback and support regarding case dispositions

The Association for Individual Development  
Crisis Intervention Worker  
Aurora, IL

03/2012-12/2012

Supervisor: Danielle Bridgemen, LCPC

- Conducted intake assessments for individuals ranging from age four and older, to assess risk level and treatment need for intensive inpatient hospitalization
- Responsible for the provision of mobile emergency crisis intervention services
- Assist in covering crisis line calls when not providing mobile crisis intervention services
- Worked with a team of service providers within the agency and throughout the social service community to ensure that all needs of clients are met

MLS Consulting, Inc.  
Mental Health Consultant  
Chicago, IL

09/2011-12/2011

Supervisor: Mashana Smith, Ph.D.

- Completed mental health classroom observation checklist assessments of CEDA Head Start programs
- Provided feedback to instructors regarding environment, adult and child interactions, curriculum, staff to staff interaction, documentation, and the facilitation of parent education
- Provided completed evaluation forms with specific recommendations and follow up to reassess recommendations

Touching Families, Inc.

Family Coordinator

01/2007-04/2009

McKeesport, PA

Supervisor: Carlene Parkinson, CEO

- Administered Family Group Decision Making services to families who were dealing with social services in a non-traditional way in order to preserve the family unit
- Participated in bi-weekly home visits with families to address, discuss, and collaborate on the issues of the family, as well as to identify strengths of the family that could be used to increase the cohesiveness of the familial unit
- Planned meetings to invite extended family members for each family participating in the program in effort to give the core family the opportunity to make a plan to address the challenges of needing assistance, as well as gathered more of their familial supports as opposed to being mandated by the County of Allegheny County to address areas of deficit

Western Psychiatric Institute and Clinic

Milieu Therapist

05/2005-08/2007

Pittsburgh, PA

- Monitored patients behaviors throughout on the day on the milieu
- Participated in co-facilitation of group therapy with patients with a MH/MR diagnosis
- Completed behavioral analysis write ups on each patient per daily shift

## **CLINICAL TRAINING EXPERIENCE**

Children's Institute, Inc. (**APA Accredited**)

Predoctoral Psychology Intern

09/2013-08/2014

Los Angeles, CA

Supervisor: George Bermudez, Ph.D.

- Provided consultation to Head Start classrooms in urban settings and provided clinical services to a 0-5 year old population and their caregivers, which included in-classroom observation, assessment, consultation, parent and teacher consultation and documentation, and report writing
- Trained in an evidenced-based Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) approach to trauma and attended seminar and received clinical supervision in the application of TF-CBT with traumatized children
- Co-facilitated adolescent groups in a 20 to 24 week cycle, with the incorporation of combined parental group session in areas of trauma and sexual behaviors
- Participated in weekly didactic trainings that included but are not limited to child trauma, early childhood, and family systems
- Prepared treatment plans and progress notes for each case assigned, as well as organized treatment goals and facilitation of services according to the individual needs of client's and their families

The Genesis Therapy Center

Advanced Practicum Extern

08/2012-06/2013

Oak Forest, IL

Supervisor: Christine Yoo, Psy.D.

- Developed individualized treatment plans for clients
- Completed intake assessments with new clients to the agency
- Administered psychological assessments to address specific problematic issues experienced
- Completed individual and family therapy to address the treatment goals that have tailored to the needs of each client
- Participated in weekly individual and group supervision to conceptualize client cases, continually assessed progress toward treatment goals, and addressed the needs of the clients
- Facilitated support group for parents of children with a diagnosis of Asperger's Disorder

Will County Health Department-Child and Adolescent Services

Therapy Extern

08/2011-04/2012

Joliet, IL

Supervisor: Ja'Net Seward, Psy.D.

- Developed individualized treatment plans for children and adolescents ranging in age from six to 16 years of age
- Provided individual and family therapy with clients who were experiencing psychological distress in an outpatient, community mental health treatment facility
- Completed progress notes to track the advancement of treatment goals for clients
- Completed client centered consultation with supervisors and peers to foster a collaborative approach to address the needs of clients

Management Planning Institute/Diversified Behavioral Comprehensive Care

Diagnostic Extern

09/2010-07/2011

Chicago, IL

Supervisor: Mashana Smith, Ph.D.

- Scheduled and conducted clinical interviews with children and adolescents who were being tested, as well as collected supportive data from their parents or guardians and community service providers
- Administered psychological evaluations to assess cognitive functioning, achievement functioning, behavioral rating scale, symptom checklists, and objective and projective tests of personality and provide feedback of test findings to parents, guardian, and supportive resources to whom this information would be valuable in further helping the identified client
- Interpreted psychological data from test results and composed fully integrative psychological report
- Provided recommendations and prognosis through comprehensive feedback consultations

Mon Yough Community Services

Master's level Clinical Internship

08/2008-05/2009

McKeesport, PA

Supervisor: Tracy Stone, LPC

- Facilitated biweekly group therapy sessions for adults with developmental disabilities and mental illnesses, such as relaxation through socialization groups, problem

solving/coping skills, conversation groups, mental illness substance abuse, and anger management

- Conducted intakes, develop individual mental health assessments and treatment plans, and worked with a team of individuals weekly to complete clinical rounds in regards to the consumers
- Provided individual therapy disorders such as, but not limited to, schizophrenia, bipolar disorder, substance abuse, depression, borderline personality disorder, schizotypal personality disorder, pervasive developmental disorders, and mental retardation

The Children's Institute

Master's level Practicum

05/2008-08/2008

Pittsburgh, PA

Supervisor: Ruth Eckman, LPC

- Assisted with the cognitive-behavioral program, where eating patterns of children are assessed and treated
- Participated in weekly meetings regarding the current and incoming consumers, as well as discussed weekly progress of each consumer toward their respective treatment goal

DHS Office of Children, Youth, and Families

Undergraduate Internship

05/2006-08/2006

McKeesport, PA

Supervisor: Calvin Hornsby, MS

- Shadowed the administration of Family Group Decision Making services to families who were dealing with social services in a non-traditional way of administering services to preserve the family unit
- Participated in biweekly home visits with families to address, discuss, and collaborate to address the issues of the family, as well as to identify strengths of the family that could be used to increase the cohesiveness of the familial unit
- Planned meetings to invite extended family for each family participating in the program in effort to give the core family the opportunity to make a plan to address the challenges of needing assistance, as well as gathering more of their familial supports as opposed to being appointed what to do by the County of Allegheny County

## **PREVIOUS TEACHING EXPERIENCE**

University of Indianapolis

Adjunct Faculty

05/2018-08/2019

Course Instructed: Cognitive and Affective Bases of Behavior (Masters and Doctoral Level), Introduction of Psychology, Abnormal Psychology (Undergraduate Level)

Supervisor: Erin Fekete, Ph.D.

- Conduct weekly course meetings with master's and doctoral level students to lecture to focus on the incorporation of cognition and affect
- Provide constructive feedback to students to help them implement course materials into a therapeutic setting

The Adler School of Professional Psychology

Adjunct Professor

05/2011-07/2012

Courses Instructed: Individual Appraisal for Counselors, Lifespan Development, and Basic Skills (Masters Level)

Chicago, IL

- Conducted either weekly, face to face or online, course meetings with master's level students to lecture on information that is outlined in the syllabus
- Examined the challenge of socially responsible assessment with diverse populations
- Facilitated online discussion to familiarize students with assessment instruments commonly used in counseling practice
- Reviewed current journal articles and book chapters that are relevant to class lecture and facilitate critical thinking discussions

The Adler School of Professional Psychology

Teaching Assistant

01/2011-08/2011

Courses Assisted: Assessment II and Integrative Assessment

Chicago, IL

Supervisor: Steven Migalski, Psy.D.

- Reinforced basic lecture topics through leading lab class and continuing the facilitation of the course material
- Encouraged discussion and questions regarding personality assessment assignments provided by the instructor
- Stimulated interest, enthusiasm, and encouraged student initiative
- Evaluated students on a Rorschach proficiency exam, as well as graded papers and assignments as provided by the instructor

## **COMMUNITY SERVICE INVOLVEMENT**

Mental Health America of Illinois

Volunteer Clinician

04/2010-04/2012

Chicago, IL

Supervisor: Ariel Mindel, LPC

- Educated youth about mental health and mental health problems
- Identified children and adolescents who are at risk for developing major depression, anxiety disorders, and/or substance abuse through a relatively quick, confidential and valid mental health screening (with active parental permission)
- Referred those who screened positive to a community mental health service provider for a more complete evaluation and clinical services, if warranted

Andersonville Behavioral Health

Mental Health Screener

05/2010-06/2010

Chicago, IL

Supervisor: Steven Migalski, Psy.D.

- Engaged in outreach to community residents to complete mental health screenings at the Conrad Sulzar Regional library

- Administered mental health screeners for Generalized Anxiety Disorder, Social Phobia, Agoraphobia, PTSD, Obsessive-Compulsive Disorder, Panic Disorder, Major Depression and Bipolar Disorder
- Provided feedback and community resources to the participants regarding depression and anxiety

Holy Angels Boys and Girls Club of Chicago  
Community Service Practicum  
Chicago, IL

01/2010-06/2010

Supervisor: Denysia Wolfe

- Planned family night activities for the members and their families in order to foster familial cohesiveness with the incorporation of monthly programming
- Compiled a monthly newsletter incorporating upcoming events, programming, and outreach opportunities at the Boys and Girls Club
- Created activities to solicit and incorporate alumni in an effort to encourage current members
- Participated in weekly group meetings with high school students to assist with college preparatory information as well as mentoring

## **RESEARCH EXPERIENCE**

Doctoral Dissertation

- Title: The Relationship Between Parenting Stress, Perceived Social Support, and Global Self-Esteem
- Dissertation Chair: Vida Dyson, Ph.D.

## **PRESENTATIONS**

- Chavez, L., Job, J., & **C. M. Davis** (January 2020). Proponents of Change: Clinical Training & Research with Diverse Populations at the NCSPP 2020 Mid-Winter Conference, Carlsbad, CA.
- **C. M. Bolden**, H. M. Digby, V. Dyson, M. Link, K. D. Robinson, & C. Cox (November, 2011). Limitation of Mental Health Resources in Low Socioeconomic Communities. Presentation at the annual convention of the Illinois Psychological Association Conference, Chicago, IL.
- **C. M. Bolden**, J. Jones, & D. Thompson (November, 2009). Goal Setting. Success is Not an Option...It's A Priority. Workshop presentation at the Young Women's Leadership Charter School, Chicago, IL.

## **PUBLICATION**

- **C. M. Davis** (2021, January, 15). *Experts Weigh in on Current Job Market Trends*. Zippia The Career Expert. Retrieved from <https://www.zippia.com/teacher-counselor-jobs/trends/>.



**PROFESSIONAL AFFILIATIONS**

- Psi Chi
  - Lifetime Member 2008-PRESENT
- American Psychological Association
  - Member 2010-PRESENT
- Indiana Association of Black Psychologists
  - Supporter 2019-PRESENT
- Indiana Psychological Association
  - Academic Member 2021-PRESENT

**ACADEMIC SERVICE/COMMITTEE EXPERIENCE**

- Chair of Psychological Services and Training Committee 2019-2023
  - Make decisions related to program clinical training policies and procedures
  - Make decisions about clinical training curriculum; Committee recommendations will be sent to CTC for final approval
  - Approve practicum training sites
  - Review assessments of student practicum performance as needed
  - Review student and site concerns; Provide recommendations for remediation and monitoring as is relevant
  - Evaluate student petitions concerning aspect of clinical training
- Member of CABS Diversity Committee 2020-2023
  - Assist in the development of a climate survey for students and faculty regarding how diversity is address within the college, as well as within each program
  - Provide suggestions regarding how to increase the inclusion of diverse materials in syllabi and courses
- Faculty Advisor of ABPsi Student Circle 2019-2023
  - Provide support and oversight in creating a registered student organization
  - Suggest topics for discussion and presentation to all members of the UIndy community to increase awareness and needs for persons of color
- Faculty Overseer of BIPOC Meeting 2020-2023
  - Engage BIPOC students in discussion of current and the impacts and implications on their experience in the academic and clinical settings
  - Provide community resources and support to bridge the gap of identified inequities that have been presented
- Member of CABS Graduation Committee 2020-2021
  - Provide support to include diversity of marginalized groups
  - Encourage and support awareness of inclusion for students from marginalized groups

References

Michelle Itczak, M.A.  
Director of Counseling/Assistant Professor  
University of Indianapolis  
[itczakm@uindy.edu](mailto:itczakm@uindy.edu)  
812-201-8623

Jenelle Job, Ph.D.  
Director of Title IX and Civil Rights Compliance  
William & Mary  
[jenellemjob@gmail.com](mailto:jenellemjob@gmail.com)  
214-998-4753

Benetta Johnson, Ph.D.  
Licensed Clinical Psychologist and Owner  
Hope Haven Psychological Resource  
[bjohnson@hopehavenpsych.org](mailto:bjohnson@hopehavenpsych.org)  
812-219-3072