



## KRISTEN R. JOSEPH, M.A., M.PSY.

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### EDUCATION

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#### **The George Washington University**

Doctor of Psychology Candidate in Clinical Psychology (Psy.D.)  
Master of Psychology in Clinical Psychology (M.Psy.)

Expected August 2023  
August 2020

#### **The George Washington University**

Master of Arts in Education and Human Development (M.A.)  
Concentration: Clinical Mental Health Counseling

August 2014

#### **Virginia Commonwealth University**

Bachelor of Science in Psychology (B.S.); Minors in Biology and Spanish

May 2008

### CERTIFICATIONS

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District of Columbia Psychology Associate

November 2021

### HONORS AND AWARDS

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#### **Washington Baltimore Center for Psychoanalysis, Inc.**

Psychoanalytic Fellowship Program

September 2021  
to April 2022

#### **Merit-Based Tuition Fellowship**

George Washington University, Columbian College of Arts and Sciences

September 2019

#### **Golden Key International Honour Society**

George Washington University

September 2018

#### **Merit-Based Tuition Fellowship**

George Washington University, Columbian College of Arts and Sciences

September 2018

### LANGUAGE COMPETENCIES AND EXPERIENCES

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Spanish – Limited Working Proficiency

May 2013

Hispaniola School – Independent Studies; Santo Domingo, Dominican Republic

### CLINICAL EXPERIENCE

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#### **Howard University Counseling Services**

Doctorate Psychology Intern; Supervisors: Erica Shirley, Ph.D., Stacey Jackson-Lampley, Ph.D.

August 2022

Expected July 2023

- Primary training tasks include conducting individual therapy sessions, intake interviews, facilitating crisis interventions, co-facilitating a general concerns group focused on relationships and identity, participated in university outreach events, supervising a doctoral counseling psychology extern, and co-lead a doctoral level counseling skills laboratory course.
- Participated in psychoanalytic and group seminars that incorporated a psychodynamic therapeutic approach.
- Major rotations include:
  - D.C. Superior Courts Child Guidance Clinic:* Administered, scored, and conceptualized psychological and psycho-educational evaluations to adjudicated youth.
  - Howard University Hospital Psychiatry Ward:* Participated in grand rounds with a multi-disciplinary team and conducted brief individual sessions with patients.

**DWW Psychological Services***October 2021**to Present**Psychology Associate; Supervisor: Karimah ware, Psy.D., Sharron Williams, Psy.D.*

- Administer psychological evaluations to school-based children and adolescents.
- Interpret assessments for the purpose of psychological report writing and provide client feedback to assist in treatment.
- Collaborate with parents and teachers, and participate in the student's Eligibility Meetings with treatment teams to discuss assessment findings and academic support.

**Northern Virginia Mental Health Institute***September 2021**to Present**Doctorate Psychology Extern; Supervisors: Ashley Harron Psy.D., J.D.*

- Work as part of an interdisciplinary team to provide inpatient services to populations with severe mental illness.
- Conduct weekly individual psychotherapy and administer comprehensive psychological assessments.
- Co-facilitate group therapy for individuals including substance abuse and competency restoration groups.
- Participate in grand rounds, clinical case conferences and engage in weekly didactic trainings.
- Attend competency hearings and observe expert testimony.
- Participate in weekly supervision of individual therapy, group therapy, and assessment from licensed psychologists.

**Howard University Counseling Services***August 2020**May 2021**Doctorate Psychology Extern; Supervisors: Jonathan Goode, Psy.D, Marcus Hummings, Psy.D.*

- Conduct weekly individual psychotherapy to students from diverse socioeconomic, ethnic and cultural backgrounds with a caseload of approximately 5-8 weekly direct client hours.
- Conduct weekly intake and consultations for prospective patients and present cases at a multidisciplinary staff meeting.
- Attend weekly seminar and didactic sessions in such topics as group therapy and psychoanalytic analysis.
- Provide students with psychiatric and student services referrals to assist in overall treatment planning.
- Participate in outreach program with such topics related to grief and loss, mental health stigmas, suicide prevention awareness and COVID-19.

**Katherine Marshall Woods, Psy.D.***August 2020**December 2020**Doctorate Assessment Extern; Supervisors: Katherine Marshall Woods, Psy.D.*

- Administered psychological evaluations focused on student's Individual Education Plan process at an elementary charter school.
- Interpreted assessments for the purpose of psychological report writing and provided client feedback to assist in treatment.
- Collaborated with parents and teachers, and participated in the student's Eligibility Meetings with their treatment teams to discuss assessment findings and academic support.

**Nuances Neuropsychology LLC***August 2019**to March 2020**Doctorate Psychology Extern; Supervisor: Emily Caster, Psy.D.*

- Administered neuropsychological evaluations with adolescent and adult populations with such diagnosis as attention deficit disorder, mild cognitive impairment and learning disorders with batteries ranging from brief assessments (3 hours) to full assessments (5-6 hours).
- Interpreted assessments for the purpose of neuropsychological report writing and provided client feedback to assist in treatment.

**The George Washington University Center Clinic***July 2019**to June 2020**Doctorate Psychology Extern; Supervisors: Nancy Ingraham, Psy.D., Loring Ingraham, Ph.D.*

- Conducted individual psychotherapy sessions with a caseload of approximately 8-10 weekly direct client hours at a community mental health clinic.
- Administered, score, and write integrative comprehensive psychological reports.
- Administered telephone interviews and conduct patient intake sessions for prospective patients.
- Utilized telephone communication to provide crisis intervention for individuals experiencing emotional distress.

**Neuropsychology Associates of Fairfax, LLC***Doctorate Psychology Extern; Supervisors: Mary Elizabeth Quig, Ph.D., Cynthia L. Sullivan, Ph.D.,**May 2019**to August 2019*

- Administered neuropsychological evaluations with adult and geriatric populations with such diagnosis as dementia, mild cognitive impairment and traumatic brain injuries with batteries ranging from brief assessments (3 hours) to full assessments (5-6 hours).
- Interpreted assessments for the purpose of neuropsychological report writing and provided client feedback to assist in treatment.

**MSA - The Child and Adolescent Center***August 2013**Master's Counseling Intern; Supervisors: Kharod France, Ph.D.; Vincent Love, LSW**to August 2014*

- Conducted weekly individual, family, and group therapy sessions with children and adolescents diagnosed with diverse mental health disorders in the Intensive Outpatient Program (IOP).
- Maintained a caseload of approximately 10 weekly clients.
- Collaborated with a multidisciplinary staff in team meetings to establish long and short-term therapeutic goals and objectives for patients.

**The George Washington University Community Counseling Services Center***August 2013**Master's Counseling Intern; Supervisors: Sylvia Marotta- Walters, Ph.D.; Kathleen Smith, Ph.D.**to August 2014*

- Conducted weekly individual, couples and career therapy sessions to adult clients.
- Administered assessments such as the Brief Symptom Inventory (BSI), The Schwartz Outcome Scale 10 (SOS-10) and Strong Interest Inventory (SII) to support the development of treatment planning.
- Maintained clinical notes, case files and records following each session under CACREP ethical guidelines with subsequent diagnosis using the Diagnostic and Statistical Manual of Mental Disorders (DSM-5).
- Contributed to community outreach programs to bring awareness and education about mental health illness to community constituents for events such as National Mental Health Awareness Day screenings.

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**RESEARCH EXPERIENCE**

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**The Emmes Corporation***December 2014**Clinical Research Data Information Specialist, Rockville, Maryland**to August 2019*

Support the National Institute of Neurological Disorders and Stroke (NINDS) research on brain and nervous system disorders such as Chiari malformation I, traumatic brain injury (TBI), sickle-cell anemia and sport-related concussion.

- Provide assistance to research staff using the NINDS Common Data Elements (CDE) website created to develop data standards for funded clinical research in neuroscience.
- Maintain website components, provide database changes, and additions, consolidate disparate case report forms into a unified template, and create and retrieve reports from the database.
- Conduct quality control checks, data collection, data analysis and literature reviews for disease specific CDE data such as psychological assessments and clinical research forms.

**Protocol Monitor (In-House Clinical Research Associate)**

Provided site-monitoring activities for The National Eye Institute (NEI) protocols. Served as a liaison to establish and maintain effective working relationships with internal and external study personnel to ensure compliance with regulatory requirements, ICH guidelines, Standard Operating Procedures (SOPs), the study protocol and overall research objectives.

**Children's National Health System SCORE Concussion Clinic, Division of Pediatric Neuropsychology***March 2016**Research Volunteer, Rockville, Maryland; Supervisor: Alison Burns, Ph.D.**to August 2016*

Served as a clinical research volunteer with the Safe Concussion Outcome, Recovery and Education (SCORE) Program within the Division of Pediatric Neuropsychology at Children's National Health System to assist in predicting academic difficulties in children/adolescents following concussions. Tasks consisted of completing patient data entry, data analysis contributing towards research publications, attending research meetings, and attending didactic training sessions.

**Laboratory of Cognitive Intervention, Uniformed Services University of the Health Sciences***October 2015**Research Volunteer, Bethesda, Maryland; Supervisors: Andrew Waters, Ph.D.; Edwin Szeto, Ph.D. Candidate**to April 2016*

Assisted with research examining the efficacy of an attentional retraining intervention for smoking cessation delivered on a Smartphone in addition to investigating the utility of mindfulness-based interventions and pharmacological interventions that improve cognition. Tasks consisted of completing literature reviews and extracting data for analysis.

**The George Washington University Biostatistics Center***November 2009**Senior Research Assistant/ Follow-Up Coordinator, Rockville, Maryland**to November 2014*

Served as a liaison between principal investigators and statisticians for *The Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD)* and *National Institute of Diabetes and Digestive and Kidney (NIDDK)* clinical trials on myelomeningocele fetal surgery, maternal fetal health, and emergency medical treatment.

*The Maternal-Fetal Surgery For Myelomeningocele Trial (MOMS)*

- Conducted clinical site visits at centers around the country to ensure adherence to good clinical practice (GCP), regulatory guidelines and overall protocol objectives, as well as monitored assessments administered by trial developmental pediatricians and psychologists. Psychological assessments included: Bayley Scales of Infant Development, Peabody Developmental Motor Scales, Child Behavior Checklist (ages 2-3), Preschool Language Scale, and Carey Toddler Temperament Scale.
- Managed data collection to ensure documents fulfilled study protocol confidentiality and standard management procedures.
- Assisted in preparing and reviewing project materials such as Manual of Operating Procedures (MOPs), User's Guides, Data Management Handbooks, and Standard Operating Procedures (SOPs) as followed by all clinical sites.

*The Maternal-Fetal Surgery For Myelomeningocele Trial (MOMS2)*

- Trained at the University of Houston, Department of Psychology to administer a neuropsychological test battery to MOMS2 study participants. Assessments included: California Verbal Learning Test for Children Kaufman Brief Intelligence Test II, Developmental Neuropsychological Assessment II, Modified Edinburgh Handedness Inventory, Beery Visual-Motor Integration Test, Purdue Pegboard, 5<sup>th</sup> Edition, Child Behavior Checklist, Beck Depression Inventory.
- Served as primary contact for study participants, guiding them through research procedures, assisting in follow-up visit arrangements, completion of study forms and informed consent review.
- Coordinated and led web-based conference calls and meetings for radiological imaging, urology, physical therapy, and neuropsychological review groups, as well as advised and train study staff.
- Managed data collection data entry, and patient records; Maintained statistical data and utilized clinical software databases such as MIDAS Data Collection Software and PC SAS

*Tamsulosin for Urolithiasis in the Emergency Department (STONE)*

- Reviewed data entry, created study forms, and used a web-based data management system for data analysis purposes.
- Participated in audit and pharmacy visits and created site evaluation reports of findings.
- Designed and developed case report forms; was responsible for the testing and validation of study specifics in MIDAS Data Collection Software- electronic data capture systems.
- Reviewed SAS logs and reconciliation tables; conducted basic study analyses; implemented and evaluated validation processes.
- Created data queries using JavaScript, produced and distributed anomaly reports, and resolved data discrepancies using statistical programming such as PC SAS statistical package.