

# Amy M. Granger, MA, LMHC, ATR

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## **EDUCATION**

- MA, Art Therapy, Herron School of Art and Design, IUPUI, Indianapolis, IN.  
May 2014.
- BFA, Furniture Design, Herron School of Art and Design, IUPUI, Indianapolis, IN.  
May 2006. Graduated with High Distinction

## **LICENSE**

Licensed Mental Health Counselor, Indiana: 2019  
Registered Art Therapist, National Credential: 2021

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## **CLINICAL EXPERIENCE**

### **HOPE HAVEN PSYCHOLOGICAL RESOURCE, LLC**

FEB 15-CURRENT

#### *Art Therapist | Mental Health Counselor*

FEB 15-

- Work in office, community, home-based, and telehealth settings to provide verbal and art psychotherapy sessions
- Independently manage a caseload of 15-20 individuals to provided quality treatment in individual, family, group and adjunctive treatment
- Provide verbal and art psychotherapy treatment in various treatment settings and affiliations, including Sheltering Wings Domestic Violence Shelter and Indiana Math and Science Academy
- Adhere to various insurance standards, including clinical documentation, treatment planning, and regular coordination and supervision with HSPP

#### *Center Mental Health Consultant, Atterbury Job Corps Center*

DEC 22-

- Collaborate in a team-based wellness clinic to provide mental health assessments, clinical consultations, and short-term basic mental healthcare to trainees residing on center
- Provide feedback to staff to meet emotional, social, and behavioral health needs for trainees in academic and vocational training settings
- Process biopsychosocial reviews, medical separations, and applicant file reviews
- Provide crisis management and make clinical recommendations
- Develop and deliver mental health promotion, training, and education resources

### **INDIANA UNIVERSITY SCHOOL OF MEDICINE NEUROSCIENCE CENTER**

AUG 16-JAN 17

#### *Art Therapist*

- Provided verbal and art therapy services to referred individuals through the neuro departments
- Coordinated with various departments regarding program outreach and integration

- Provided workshops and educational experiences for physicians and staff to better understand art therapy

**ADULT & CHILD CENTER**

JUNE 14-JAN 15

*Staff Therapist*

- School-Based Therapist at Perry Meridian Middle School and Perry Meridian Sixth Grade Academy
- Utilized art therapy interventions to work toward clinical goals and objectives
- Conducted individual and family therapy sessions and skills development sessions with clients and family members
- Adhered to Medicaid standards, including clinical documentation, treatment team meetings and regular coordination with school staff and client family members

**ST. VINCENT HEALTH**

JAN 14- MAY 14

*Art Therapy Intern at Breast Center & Outpatient Oncology Unit*

- Assisted Registered Art Therapist in Open Studio setting; duties include working with patients and caregivers, maintaining studio space, and encouraging free expression in the creative process
- Facilitated art therapy sessions with outpatient oncology patients and caregivers
- Co-lead Survivorship Support Groups

**EXODUS REFUGEE IMMIGRATION, INC.**

AUG 13-MAY 14

*Art Therapy Intern and Program Developer*

- Developed Art Therapy Program within the Mental Wellness Program
- Maintained a full case load; developed treatment plans, goals, and objectives and conducted sessions accordingly
- Worked independently to schedule home-based and community-based therapy services for individual, group, and family therapy sessions; included scheduling interpreters accordingly
- Worked closely with other agency departments to wholly support refugees in their acculturation process

**ADULT & CHILD CENTER**

JAN 13-MAY 13

*Art Therapy Intern*

- Worked within Perry Township Schools at Homecroft Elementary School
- Assisted School-Based Art Therapist in conducting therapy sessions with individuals and groups; individually lead sessions under professional guidance
- Planned and conducted sessions based on therapy goals and objectives
- Assisted in case review, record keeping, and treatment team meetings

## **ADDITIONAL PROFESSIONAL & TEACHING EXPERIENCE**

**HERRON SCHOOL OF ART + DESIGN,  
INDIANA UNIVERSITY-PURDUE UNIVERSITY INDIANAPOLIS**

FEB 15-MAR 22

*Associate Faculty, Graduate Art Therapy Program*

- Taught T502: Counseling Theory and Practice for Art Therapists AUG 21-DEC 21

*Art Therapy Program Research and Program Assistant*

FEB 15-MAR 22

- Provided organizational skills to manage accreditation process with ACATE
- Managed tasks associated with recruitment and selection of quality graduate students
- Assisted with analytics related to curriculum development and educational standards
- Managed program administrative tasks including: adjunct communication, supply ordering and maintenance of program files and data
- Aided with development and organization of the Herron Art Therapy Art Archive
- Provided research for several publications, including an edited book
- Acted as a thesis advisor and teaching assistant
- Conducted graduate interviews

**INDIANA UNIVERSITY-PURDUE UNIVERSITY INDIANAPOLIS**

MAY 13-AUG 13

*Art Therapy Program Research Assistant; Graduate Work Study*

- Gathered research in art therapy, trauma, and neuroscience to contribute to the writing of articles submitted for publication
- Gathered research for contribution to licensure efforts for Indiana art therapists

**OX-BOW SUMMER SCHOOL OF ART AND ARTISTS' RESIDENCY**

MAY 05-AUG 05

*Fellow*

- Opportunity awarded to 10 students from competitive art schools across the nation; primary responsibilities were to work twenty hours a week, maintain a studio space, contribute to general functioning of facility
- Worked in Ox-Bow community as a grounds and maintenance staff member; duties included caring for grounds, painting facilities, preparing studios for incoming classes and resident artists, and overseeing work-study students

## **RESEARCH EXPERIENCE & PUBLICATIONS**

Granger, A.M. (2019). *Neuroscience of the Nourishment Hypothesis* [Digital Image]. AM Granger, Indianapolis; Printed in Misluk, E.M. (2019). The Nourishment Hypothesis. *AATA: The Journal of the American Art Therapy Association*

Granger, A.M. (2014). Working together: Neuroscience-based support for client and art therapist to co-create. *IU ScholarWorks*

## **MASS MEDIA, PRESENTATIONS & WORKSHOPS**

Granger, A.M. (20 September, 2024) Presenter. Adolescent Growth and Development: Motivation and Procrastination. Atterbury Job Corps Center

Granger, A.M, Dobbs, C.L, & George, N. (1 May, 2018). Interviewed by John Krull. No Limits:

Art Therapy Programs. WFYI Radio.

Granger, A.M. (2018). Guest Lecturer. Professional Issues Capstone II. Herron School of Art & Design.

Granger, A.M. (2017). Guest Lecturer. Introduction to Art Therapy. Herron School of Art & Design.

Johnson, B.E., & Granger, A.M. (2 June, 2016). Presenter. Finding Help, Finding Hope: 19<sup>th</sup> Annual Mental Health Symposium. Mental Health America and IU School of Medicine.

King, J.L., Granger, A.M., & Riddle, M. (2016). Presenter. Grand Rounds Presentation. IU Neuroscience Center

Granger, A.M. & Riddle, M (2016). Workshop Facilitator. Art Experiential Group Activities. IU Neuroscience Center

Granger, A.M., Medeiros, T., & Riddle, M. (2016). Presenter. Creative Arts Therapy Inservice. IU Neuroscience Center

Granger, A.M. (2015). Workshop Facilitator. Introduction to Art Therapy. Cancer Support Community

Granger, A.M. & Leeds, C. (2015). Workshop Co-Facilitator. Art Therapy for Caregivers. ALS Association: Indiana Chapter.

## **AWARDS & HONORS**

- Dorit and Gerald Paul Scholarship, 2012 & 2013, Herron
- Assistantship for “Collision at the Crossroads,” 2006, Furniture Society
- Dean’s List for 8 Consecutive Semesters, 2002-2006, IUPUI
- Cornelia McKay Scholarship for Furniture Design, 2005, Herron
- Scholarship for Excellence in Drawing, 2004, Herron
- Alpha Lambda Delta Honor Society Member, 2003, IUPUI
- IUPUI Incentive Award for Excellent Academic Performance, 2002 IUPUI

## **COMMUNITY ENGAGEMENT & PROFESSIONAL AFFILIATIONS**

- FTCSC, Community Volunteer, 2015-
- Southeast, Community Volunteer, 2022-
- Arts Council of Indianapolis, Murals for Racial Justice, Volunteer Painter/Community Service Partner & Facilitator, 2020
- Herron School of Art & Design, Accreditation Council for Art Therapy Education (ACATE) Process of Program Accreditation, Advisory Board Member, 2017-2020
- American Art Therapy Association, Member (AATA), 2012-2020
- Indiana Art Therapy Association (INDIATA), Member, 2012-2020
- INDIATA Legislative Committee, Contributing Member, 2013-2017
- Down Syndrome Family Connection Buddy Walk, Volunteer & Walker, 2007-2016
- RISE Learning Center, Volunteer Mural Painter, 2013
- Indy Rezone Neighborhood Invigoration Initiative, UHN Advisory Board, 2013
- Keep Indianapolis Beautiful & NeighborWoods Initiative, Volunteer, 2004-2014