

## **Arlinda Denise Lindsay**

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### **PROFESSIONAL EXPERIENCE**

#### **Therapist, Family and Community Partners, LLC**

October 2015 – October 2017

- Provide mental health & addiction counseling in the office and community.
- Complete intake assessments & make accurate diagnosis
- Make appropriate community referrals

#### **Private Practice, Agape Empowerment Counseling Services, LLC**

April 2013-Present

- Improve level of functioning and well-being by providing individual therapy on a variety of mental health issues in adults.
- Improve communication skills and intimacy in couple's counseling
- Provide life coaching & consulting
- Lead monthly Caregiver's Support group for individuals caring for a love one with Alzheimer's or other related Dementia

#### **Adult Therapist, Team Zenith, Adult & Child Mental Health**

April 2009- May 2014

- Improved functioning, mood, and well-being by providing individual, family, & group therapy
- Completed intake assessments and necessary paperwork in a timely manner
- Developed individualized treatment plans that identify client's personal needs and goals
- Developed and maintained effective work relationships with referral sources and team members
- Collaborated positively with the interdisciplinary team
- Made appropriate referrals to community & government resources

#### **Clinician, Addiction Specialist, ACT Team, Midtown Community Mental Health Center**

January 2007 – March 2009

- Provided intensive case management to individuals with a dual diagnosis of severe mental illness and addictions
- Advocated on behalf of clients to help them obtain and keep housing, health care benefits, and entitlements
- Provided direct clinical services including individual, group, and family therapy
- Provided on-call crisis intervention

#### **Substance Abuse Counselor, Community Addiction Services of Indiana**

May 2005 – January 2007

- Provided individual and group counseling for drug addictions
- Conducted psychosocial assessments for individuals
- Maintained charts, documentation, and monthly reports

**Program Director, Coppin Chapel AME Church**

August 2002- May 2003

- Planned activities for an after school program
- Coordinated volunteers and employees
- Established relationships with community organizations
- Facilitated psycho-educational groups to adolescents on various topics
- Kept accurate daily records and completed monthly statistical reports

**Substance Abuse Counselor, The Salvation Army Harbor Light**

June 2000- August 2002

- Provided individual and group counseling for drug addictions
- Counseled clients diagnosed with HIV/AIDS
- Facilitated IOP groups utilizing the 12-step program format to men and women

**Caseworker, Marion County Office of Family and Children**

March 1995 – August 1998

- Empowered individuals and families to become self-sufficient
- Interviewed applicants for Food Stamps, TANF, and Medicaid
- Implemented appropriate State and Federal rules, regulations, and policies

**LICENSURE**

- **Licensed Clinical Social Worker, number 34005765A, June 29, 2009**
- **Licensed Clinical Addiction Counselor, number 87000121A, July 29, 2010**

**EDUCATION**

- **Bachelor of Science, Psychology, Ball State University, Muncie, IN July 1994**
- **Master of Social Work, Indiana University, Indianapolis, IN May 2000**
- **Certificate in Family Life Education, Indiana University, Indianapolis May 2000**
- **Master of Divinity, Christian Theological Seminary, Indianapolis, IN May 2005**